

- 2100 Mon. #5 Growth (seeds)/'I' - 'as if' - facts/indirect fight of lower nature with higher/(prayer)/not linking ordinary affairs with aim of Work/identification/
Task: when to Work/Task: 'I'/Attempts without considerations/Task:walking/
- 2101 Thurs. Tracing breakthrough in Work/'reacting creature'-opportunities/tension-'I'-
no description/inside-outside-Sufi/Angel-Conscious man/Energy-pain/
wish to grow/overcoming behavior/
- 2102 IV/L (physically, psychologically tired)/PERSPECTIVES-sustaining Work/Barn:
future changes/Awareness/Death-life/being affected by certain forms/
leaving/aim/3 groups/Age 21-28/inner balance.
~~Barn.~~
- 2103 Mon. #6 3 tasks-relaxing, waking up/emotional state-wish/Motivation/Life-form/
Task: attempt 100x/Task: daydreaming-hammer/tension-draining/'As if'/
- 2104 Fri. Activities:remembering purpose/lack of wish/Mind-directing-energy-inner
life/Commanding-wish to grow/Chakras-energy/trusting experiences/
Task: Referring to previous experiences/Work-other people/Task: # of
attempts/repeating motions/Task: writing of oneself/
- 2105 L/IV/
L relationships/small groups/tape answering/FORMULATION OF WORK/
Ashiata Shiemash/A & E-2nd reading/inner & outer world/Dervish/
realization of bondage/3 centers/Transapalnian Perturbations - 3/ Karma/
Activities/considering week/
- 2106 Mon. #7 exact language/task: 5 points during day/'I' & 'it' - I have a body/'gifts'/
Work as a process/Task: closing eyes-inner life/Reading A & E. /
- 2107 Thurs. Taxes/characteristic-experience/Work-simple conditions/ Task:
remembering previous experiences - swearing/motivation/task: noticing/
openness & creation of 'I'/results/Work-unpleasant situation/shame/
creating, uncovering 'I' - child/waking up at night/chastising oneself/
experience of light,depth/
- 2108 L/IV Work in ordinary life/March-reviewing & correcting behavior/Activities/
Mon-Thurs/meaning of being on Earth/development of three centers-four/
time /noumena & phenomena/bondage to Earth/death of body/purgatory/
freedom from past/originality of thought/4 directions/Objectivity/
- 2109 Mon. #8 thought-wish conflict, becoming emotional/preparation-it walks/effort to
make something present/changing oneself & 'I'/ feeling for Work -
'I' impartial/ best times to Work/ attempt/ questions of oneself:
seriousness/

- 2110 (Th) Tax/Car rentals/Barn-10 responsible;sustaining/sensitivity to processes-awareness/intuitive knowledge/EMOTIONAL STATES & AWARENESS/task; completing;3-centered activity/emotional state-include others;love of God, of 'I'/Mind-should Work-openness/mental craving for Work/wish-awareness/
- 2111 (IV/ L) End Mon. Series/Conscience/Inner life/SOLAR PLEXUS/Heart/openness/
L) Love of God/Sun-Moon/Octave/Screening influences/Exercise: emotional energy and result / CULTURE
- 2112 (Th) New Haven group/Activities-reports/PARTICIPATION/ Formulating-Magnetic Center/Impartiality-acceptance/Looking inside-inner Life/Self-knowledge/
- 2113 (IV/ L) common sense/talking about Work-inner life/common & exact language/
L) FIREFLY II/ impartiality/identification/relation to God/wish-emotional state; mind-closing up/suffering/acceptance/ordinary & spiritual life/changing density-lightness/translucent-transparent /
- 2114 (Th) Kentucky group/maintaining inner life in spite of outer/3rd series/understanding own death/waking up in a.m. /'confession' of not Working/something missing in attempts-task; cold water/seriousness /Messengers from Above/machine/ growing points; mind & feeling/inspiration-actuality; takes time/task re: involvement in ord. life/GREENHOUSE-purpose/
- 2115 (L/ IV) Easter-Good Friday-Quiet Saturday/what should die/past/evolution/task;
IV) 15 min. inner life/identification & unconscious life/(Spengler: Decline of West)/ ORS/emotional existence/Nature & Earth/continuation of life/talking of Work/ becoming a channel/language of emotions/new forms/CIVILIZATION/energy/
- 2116 (Conn) Introductory/Ideas of Gurdjieff/caring/life/form/God/wish for growth/ brain-feeling/Objectivity/creation of little 'I'/
- 2117(L/IV/ Yale meeting/Being/Time/Space/being reminded in A.M. /(white ray)/
L) origin of conceit-lack of selfrespect/youth/education/seeing depth in others/ VOICE, words/sound-dog/Self-reliance/Day of Honesty/(fear)/Sensitivity/ Mr. Nyland's task as reminder/birthdays-continuing to Work, hope and actuality, not giving up/Health Food Store, Food Service/
- 2118(Th) (Dr. Rieger)/How do I Work?/motivation/Man-harmonious;ordinary/SELF-KNOWLEDGE/3 centers/little 'I'/life and form/awareness/sensing-purpose/ habits as reminders/(Faust) [Paul Ostrow tape]
- 2119(IV/L) ACTIVITIES-purpose/analogy of cement-3 centers/wish to live/heart/ benevolence of 'I'/relationships-communication/Gurdjieff-Work;do-do bird/ simplicity
- 2120 (Th) Activity reports/town board/taxes/Task-following rule,not alive/activity of body & essentiality/aspiration-inspiration/being reminded/analogy of play- role of 'I', 'it'-family-servant/observing-awareness-impartiality/Work and experience/running dry in Work -seeing oneself in ordinary way/unrolling film/ meaning of passivity

- 2121 (L/IV/L) Reactions/SELFISHNESS-SELF-CENTEREDNESS/ CRYSTALLIZATION OF LIFE in FORM/INNER & OUTER LIFE/3 centers: MIND-BODY RELATIONSHIP/Moon-manifestations-velocity of/horizontal & vertical lines
- 2122 (Th) difficult days/statement that Mr. Nyland died - what would we do/death/ ~~(not music)~~/using 3 centers for laboratory experiments-Discovering what one is/(astrology)/Meetings- questions/ALL AND EVERYTHING/ Laws of Three and Seven/Task in AM/essence/(Bible)
- 2123 (L/IV/L) Health food store/2 stores analogy-ord. mind, past vs. Work/death/trip to W. coast/Nursery/difficult to be open/weakness/PAST experiences/ zilnotrigo/Growth -SINUS CURVE/Work -effect on body(fragrance of a man (rhythm-numerology)/ Accumulation of ENERGY and attempts/atmosphere. wish for inner & outer life/task; looking within/Activities/honesty/ selfishness/task: body, feeling, mind!
- 2124 (Th) (trip)/FIREFLY II/(M2118) /not losing courage/WISH TO LIVE-WISH TO GROW UP/ AIM/ write history of oneself/what do I do with FACTS about myself?/negativity becoming positive/ awareness-awakening/ 'I' - PARTICIPATION-EXPERIMENTATION/ Octave/legominism/ 'I' telling 'it'/aspiration-inspiration/Kesdjan/Soul
- 2125 (L/IV/L) Activities-money- 9%-competition/Taurus birthdays/Aim not of Earth/ ☒ Mediums/Barn as school-preparation for new world/ manifestations of others-considering/using influences/(psychic)/(Israelites-40 yrs.) / 'I'(detail)-creation; qualities: benevolence, awareness/letting past go/ form becoming liquid/observation/Sat-Sun-no money for work/Greenhouse/ conscience-consciousness-body
- 2126 (trip) Motivation/Ordinary man/How to Work/ 3 centers/'I'
Berkeley
- 2127 Group I meetings/ Mutual help/Activities/ Maintaining Self
(Land)
- 2128 Lunch Discussions/Land-a school/Intuition/Words & Tone/Purity & honor/
(Land) Group Solidity/talking about Work/caring/selfishness
- 2129 Joy/Acceptance/not liking oneself-what to do/emotional state/conscious,
(Land) unconscious attempts/awareness cycle/right conditions/ hope/ effect of Music/Energy conversion.

2130
(trip)
5/15/72

2131 3 approaches to Work: intell./music-emot./movements/physical Work/ exp. of
(trip) presence/fact of exist. /ABC-requirements/Why observe Body/Simultaneity-
5/16/72 presence/Man defined - neutralizing force.

2132(Th) (trip) West Coast/facts/'I'-growing up; expanding moment;influencing 'it';guide/
PARTICIPATION -observing manifestations/HARMONIOUS MAN -conscious/
(after trip) essentiality/ Kesdjan/Octave/Experimentation/Balance/Beelzebub/seeing bondage

2133 (L/ West Coast trip/resp. of building house/ques. abt. buying land/solidarity/
IV/L) friction/law of Destruction-Mother Nature/monotony/(electrons)/difficulty of Work
patience/speeding up process-committing suicide/activity-need for/karma/
egocentrism/Task: day you consider spending energy/experimentation/mixing
inner^{life} with activities.

2134 (Th) MONOTONY/TRIP-Sept. -3 mos. /aliveness/shocks/Purgatory/3 centers(mind/
* DOING/Considering consequences of what one does on others/friction/enlarge
your life/freedom;peace of mind/(Beelzebub;Ahoon;Captain)

2135 (L/IV/ small groups/ques-research/mind-patience/arguing abt. Work/forgetting-being
L) reminded/affinity betw. 'I' & 'it'/'I', God, in ord. life/reachg. top of mountain/
SOLIDITY/going within/little children/influences of outside world/PAST-considerg.
seriousness in discussi^{ng} Work/music-words/Birthday: Bob K & Judy F/
Magnetic Center/5 rules of Objective Morality.

2136(Th) new office/mtg. -projects/3 mos. concentrated work/flexibility/solidarity of group,
self/creation of 'I',fact, observing/3 centers-conditions, creating/awareness/
SI-DO fear of dying/life/impressions from 'I' - reacting to /voice/actor/relationships-
emotional/acceptance/losing oneself

2137 (L/
IV/L) regulating energy/sick person-patience-Jerry/negative thoughts/ conditions-helping/
why interest in Work?/esoteric knowledge/satisfying one's being/inner life/freedom
Karma/not giving up/finding life/aspiration-inspiration/miracles

2138(Th) mtg. upstairs/attitude tow. Work/ honesty, patience/awareness/application;
seeing oneself/A & E/FREELY II/answering ques. -conviction/task: awareness-
sitting in chair;walking/aim/laziness/Love-in love;difference/time/translucency-
transparency

- 2139(L/IV (Printg. press)/(Knights of Round Table)/GROUP energy-unity/friction/aim of
L) being together/offices/Fri. mtg. -projects:responsibility/glands opening up/
culture/screening influences-emotional state/ 3 centers-harmon. man/wish
and Magnetic Center/God / movements/activities-cassettes/'I'/Father's Day
- 2140 Thur. culture-wrong road/Gurdjieff-Remarkable Men/article-Horizon Mag. /
Mon. -A&E/sensitivity to others/helping/friction-converting energy/'I'-seeing
what is wrong, accepting/Moses/vibration rates/obstacles/Holy Ghost/
deepening emotions/'I' /
- 2141 (L/IV L) appearances and aim/Father's Day/RELATIONSHIPS in family/monotony-repe-
tition/father-mother-child/ RELATIONSHIP towards oneself/creating
conditions for inner life/past and present/paying debts /Craft display-
Bennington/
- 2142 Th. behavior-lunch, cups, tools/sheep & wolf/'I'-terminology of Work/impartiality/
Being & 'I'/'as if'/esoteric knowledge/Lonesomeness-loneliness/Gornahoor
Harharkh/observation process/Conscious Labor, Intentional Suffering/
constancy of wish, activity/Ashiata Shiemash.
- 2143 (L/IV) new people-understanding physical activity/(essential)/centripetal-centrifugal/
vertical & horizontal/away from Earth; fulfilling obligations/recurrence-
reincarnation/Hay/floods-meeting such conditions/(Job)/mankind-man/life/
'I' not of Earth/why wish to be free?/search from surface to essence/bondage/
Beelzebub-Gornahoor Harharkh
- 44 Th. Bennington/growth of ourselves/interpretation of Gurdjieff/(movements)/mind'
and feeling - body/small groups and tapes/Great Nature/measurement of Work/
A & E - referring to/Monday - emphasis on 'I'/I Amness
- 2145 IV/L June-July/series of 3 months/ALL AND EVERYTHING/GREAT NATURE - when
does it start?/level/freedom from body/Kesdjan & Soul/seriousness-religious/
involution-evolution/ impartiality-simultaneity/time/harmonious state/.
individual-individuality/octave/conscious labor & inten. suffering/body active/
concentrate on Gurdjieff
- 2146 Th trip/Bennington - crafts, RR shop/Mon-lunches on Tues/being humble/questions-
where it comes from/impartiality - not losing interest/manifestations -
awareness/new people/facts/between positivity and negativity (walking up streets)
relationships/(prayer)
- 2147 IV/L time-spending-energy/adventurousness/wish to grow/recalling experiences/
religion-philosophy/doctrine-dogma/research/(originality)/suffering-obstacles/
wish/loyalty to ~~ideas~~/friction-suffering: what to do/past/voice-emotions/
collecting facts-improving oneself for Work
- 2148 (TH) cassette/lunches/small groups/answrg. tapes/Bennington/Trip-why?/
EMOTIONAL QUALITY & LANGUAGE-sensitivity-friend/EMOTIONAL
APPROACH/RELATIONSHIPS-children, friends, man-woman/teaching
CHILDREN/purification of life/ heart& mind/talking about Work intellectually/
(3 h's)

- M 2149 (IV/L) permission to come to mtgs. /ideas of Gurdjieff/our society re: inner life/ problem of doubt in Work; hating oneself/potentiality-soul/negativity/ IDEAS & SOLVING PROBLEMS in ordinary life; facing problems with Work/ A & E/analogy of oneself to house
- M 2150 (Th) activities cassettes ((Holl.)/tape answering/(gossip)/Monday/CONVERSION-CHEMISTRY-PHYSICS/conscience, consciousness/'I' as catalyzer/ what is wish?/conditions for Work/ energy/ continuing flash of moment/using a habit
- M 2151 (IV/L) MOTHER NATURE (as body;attitude towards)/SCIENCE -mind/RELIGION-feeling; Crusades/CIVILIZATION/Acceptance/destruction/ BAKERY-experiment/(birthdays)
- M 2152 (Th) SOLIOONENSIUS-conditions of Earth; responsibility; group/Monday: relationship to each other; GIVING-impartiality; 3 centers/Mon: I cannot do/ 'I' & giving, & creation of/simultaneity
- M 2153 (IV/L) prayer/solving problems/compassionate idiot/COMMUNICATING WITH OTHERS/activities-purpose/group-purpose on Earth/drinking-behavior/ existence-timelessness/Barn as school/Bloch baby/birthdays/seriousness-essentiality/cassettes-activities/Bakery
- M 2154 (Th) Moderator (MON) Work in emotional state/acceptance/ques:location of 'I'; as if, in reality/observing other people/change in observation process-memory/when to Work/Task: sensing, draining, I AM
- M 2155 (IV/L) MARRIAGE (Jean & Mike)/Group and individual AIM/TRIP postponed (Mr. Nyland's health)/tape 1905/principles of TRUTH/(period of dependence on others)/'I' -in imagination; content/impartial, timeless/spiritual energy joining of 'I's/(body)(Karma)/conscience-consciousness/memory/God/ emotional state/cooperation/taste-art/activites-competition/Bakery
- M 2156 (TH) (police)/behavior-inner life/CBS/women-men-Nursery-Bakery/activities-monthly reports/Mon - mtg. Mr. Nyland to attend/nucleus/TAPE ANSWERING/MOTIVATION - leitmotif/Beelzebub-Hassein - period of gestation/acceptance
- M 2157 (IV/L) seriousness/swallowing Work:analogy - roughage, taste, smell/AWARENESS & THINKING-difference/results/intuition/'I'/facts-solidity/(She-R. Haggard)/ religion/responsibility in activites/past-present-future/aim
- M 2158 (II-Mon) collecting data-unconscious, objective facts/thinking & creating 'I'/ simplicity/using joy for Work/results of Work/ordinary memory; 'I' registering/'I' created in midst of activity/energy - to ordinary existence & to wish/patience/wishy-washy attempts
- M 2159 (Th 8/17) finding balance between inner & outer life/INVOLUTION-EVOLUTION/ tape listening - new people/ development - Kesdjan, Soul/ (Anulios, Moon) Nursery-children/Quietness-turning within/(octave)/emotional state/ Preparation of Hassein -

- M 2160 (IV/L)
(8/19-20) application in A&E-search/reality within man-deep experience /
changing interest/life & Personality, death/identification with oneself/
justifying behavior-not facing truth/pain-suffering-making useful/
change of attitude-impartiality/discovering essential values/emotional
life/ACCEPTANCE/going within/freedom/seeing myself/wish-intuition/
aware of body/Barn as opportunity/
- M 2161 (Th)
(8/24) out of town groups/ideas of Gurdjieff-application/Principles of Work/
books about Gurdjieff/3 Series/ALL & EVERYTHING/States/slug/
looking inside/Awareness of existence/when to Work/5 manifestations/
Task-dwell in heart once a day/
- M 2162 (IV)
(8/26) 3 requirements for Work: seriousness, honesty, simplicity/TREE
ANALOGY-group, activities-purpose of group/activities in relation to
Barn and outside world/maintaining ideas/tape answerers & selection
of tapes/ALL & EVERYTHING-importance of/EMPTYNESS-overbridging/
(remarkable men)/TASK; I AM/solidity-awareness/Gornahoor Harharkh/
- M 2163 (Th 8/31) August difficult/Task;Sept/WISHES; fundamental wish/Nursery-education/
monthly reports-9%/Bakery-no volunteers/Mon-levels; simplicity/
honesty/contact with questioner/conscience, consciousness, will/aim of
freedom/(glands; hanbledzoin-meaning)/
- M 2164 (L/IV/L)
(9/2-3) Task: seeing habits of oneself/'I'-speed of; speed of manifestations/
necessity of patience/purging negativity-eating; eliminating/ evil &
good spirits-involution, evolution/love of totality of life/Activities-
eliminating selfishness/Work as self-starter/time/studying thoughts/
- M 2165 (Th 9/7) Monday mtg./seriousness & Work/wish for 'I'-mental function/mind &
emotional state/noticing becoming awareness/laziness/'I'-telling truth;
not predetermined by me/(Beethoven)/Suggestion: Nucleus re: Mon.
- M 2166 (IV 9/9) ACCIDENTS - responsibility of group/car policy (bars)/acceptance/
change through Work/bondage-aim of freedom/activity/SI-DO/silence/
wish to become responsible/
- M 2167 (Th 9/14) TIME-energy-experiences/DOING/motivation/MON-experiment/
answering tapes-changes/SELF-study, knowledge/wish-'I'/heaven, hell,
Purgatory/Impartiality/(Group II)/A & E/awareness-noticing/
- M 2168 (IV 9/16) Answering tapes-what is involved/STATES-negativity & dejection -
3 things to do/MOTIVATION-states, Work/EMOTIONAL STATE-heart,
solar plexus, hypothalamus, thalamus, spinal column/'I' and physical
body, mind/feeling/OCTAVE/relationships-caring/permanency/
honesty, simplicity/6th & 7th senses/birthdays/learning about
oneself & relationships/
- M 2169 (Th 9/21) MON & WED;conviction; detail on all ques. of #116/'I' & it-data, self-
knowledge/criticism of behavior/impartiality, participation/aliveness/
energy & wish/simplicity/PERSPECTIVE-'I' & it/ANALOGY OF
CREDIT AND BANK SYSTEM; building a house/money/national wealth/
cultural inheritance/GOD & UNIVERSE/Kundabuffer/black sheep/
MESSENGERS-Ashiata Shiemash/ultimate aim/purpose of 'I'/maintenance/

- M 2170 (IV 9/23) NEGATIVITY-POSITIVITY/MIND & FEELINGS/emotional state-talking about Work/CONSCIENCE & CONSCIOUSNESS/(Emanation & Radiation)/JOY/'I' affecting mind/awareness/(negativity in a group)
- M 2171 (Th 9/28) from outer to inner life/THREE CENTERS-SOLIDITY-3 divisions of life/Life-form/Selfishness-caring-affection/Professional life/MONDAY-preparing/Activity reports/EMOTIONS
- M 2172 (IV 9/30) (NY project)/PHYSICAL WORK-importance of; re: mind & feelings/GROUP WORKING TOGETHER -analogy of atomic energy-fusion/feeling-ENERGY/KESDJAN/aspiration, inspiration, silence/affection-and caring/selfishness/devotion-prayer /GIVING-RECEIVING/MR. NYLAND -FULFILLMENT OF TASK/Christ/Work-depends on wish, not conditions/(Sister & daughter visiting)
- M 2173 (Th 10/5) Museum job-common aim-parking lot/Kitchen/MON/4 kinds of groups/mechanicality/presence-talking about-imagination/language in answering questions/square-circle/combination of intellect and feeling/devotion
- M 2174 (I/IV/L 10/7-8/72) Review day-reactions-responsible for energy; using conditions/WRITING AUTOBIOGRAPHY-considering oneself/Task:honesty for a day/SELF-STUDY/becoming object/TASK; consider self IT/A&E/time/WORK & ORDINARY LIFE/emptiness/(rules at Barn)/Task: Read A&E regular times/TASK: 10 min. consider how you have been/
- 2175 (II, TH) (10/12/72) Meetings-using what is given-small groups/BARN-LEVEL AT-group-lunch task/Kesdjan-physical body/aim/SERIOUS ATTITUDE/negative attitudes/inner life & ordinary life/MON/unconsciousness-consciousness/'I' - testing/(solar plexus-heart)/Solidarity/
- M 2176 (L/IV/L) (10/14-15/72) SUGGESTIONS TO WORK/information about oneself-influence on others, of others/EXPERIENCES/catalyst of inner life/state of liquidity-fluidity/STATE OF EASE, CONTENTMENT/adventure of life/own experiences-private life/openness/youth/idiots/Cloud of Unknowing/motivations-private life/right road-unselfish aim/(seraphim)/Garage/activities/Task: garage-task;behavior/
- M 2177 (Mon.) (10/16/72) Reading Group/laziness/Subjective knowledge, Objective knowl/no energy-attempt/Self criticism-acceptance/'I'-both emotional & intellectual; benevolence/Task: Getting up in AM/4 stages of consciousness-(Daly King)/not wish-washy about Work/Task;(self-study)not dispersing energy in ordinary life/Organic Shame/
- M 2178 (L/IV) operation-birthday postponement/movements-centers/sinus curve/simplicity-not theories/awareness-physical activity/INTERPRETATIONS? Talk of Work-trust/EXPRESSING INNER LIFE/Diagram-KESDJAN-SOUL/Atlantis/Aspiration-Inspiration-Silence/conscious labor & Intentional Suffering 4 religions/(Ostwald)/SI-judgment/participation/experimentation

- M 2179 (hosp.) acceptance of conditions/aim/fact of birth, death, existence/Mr. NYLAND's
(11/4) BIRTHDAY-82/GURDJIEFF MEMORIAL/Orage -death/reason for experiences(physical
(Barn)(11/12) suffering)/time/evaluation of group -new period/not facing reality/TESTING
CONDITIONS FOR INNER LIFE/WISH TO CHANGE-Legominism/Director of Admissions-
(Peter)/no NY meetings/10 people for weekend/behavior forms-having aim/
exotherm process
- M 2180 (Lu/IL) Sturm und drang period(shame)/absolute values/mind-body/movements/weekend/
(11/19-20/72) Bakery-closing/(Dr.Reiger/Burnett baby)/unconscious state/Barn as means -
part questions emotionally/life-form-motivation/awareness of mental function/excess emotions
& answers CHANGING & WORK/solidity/ task: how to spend day
- M 2181 (IV/L) WISH/quantity & quality/God & devil/wish for freedom/essential essence/
(11/25-6/72) ENERGY/solar plexus-emotion/benevolence/conscience/not being at ease in
ordinary life/ feeling & body/affection/answering tapes/ A& E/devotion/
A-B-C/Kesdjan/ birthdays
- M 2182 (II) decorating department/garage-thefts/awareness-impartial/overcoming tendency-
(11/27) acceptance/problem of Work in am.-wish-oneself as laboratory-Work when you
feel like it/known Work is necessary and not/Work for form;Work as reality-
need real wish/deepening wish/'I' & hating myself-reason for Work/selfishness-
acceptance/Working when possible/emotional energy & wish-exactness/gifts-
accept/going against obstacles/wanting to Work more
- M 2183 (II) Barn/MIND-'I'-no longer entity; personality influence/EMPTINESS;LONELINESS/
(12/1) * change in EMOTION/wishing presence of God/not being disheartened/JOY/
Changing conditions/ Body & activity/fear/inhalation-exhalation-sending/
Noah & ark/shame/emphasis on what is within/Being/(clairaudience)/acceptance
- M 2184 (IV/L) GROUP- purpose of, detail/common aim/ideal state/FA bridge/SI-DO/relationship
(12/2-3/72) in group/seeing oneself;seeing others/reaching mountain top/private relation
to God/silence/being/ Bakery/impressions/aim
- M 2185 (II) out-of-town groups/seeing oneself impartially/testing if 'I' there/A&E:
(12/4/72) Saturn-difficulties/monotony in attempt-change/motivation for 'I'/
Beelzebub - banished;wisdom tooth/closed-humbleness/27 idiots/questions-
answers-Obligation/attempt-free from prejudices/sentimentality-aliveness
- M 2186 (IV/L) FANATICISM/ KESDJAN-emotional state; language/body-mind-feeling/BODY
(12/9-10/72) ACTIVITY/forces & influences/inner life/ pathological sickness/Being/
(Octave)/religion/birthdays/planets-acceptance of states/using past
- M 2187 (II) office/tapes/Bakery/wish-Work-impartiality/self-remorse/anniversary in
(12/11) Mon Work/impartiality in experience/exercise-identification/mind interfering
w. Work/self-knowledge/benevolence-negativity/body-separation-'I'/up
against it
- 2188 (IV/L) BARN BIRTHDAY -5years/CHRISTMAS-giving/TASK:write 5 people letter telling
(12/16-17) of meaning of Work for you/considerations of Work for oneself-inner life/
wish to Work/birthdays -'being within' *att. chemicals*

- M 2189 (II) talking of Work - reference to mtgs. here/emotional approach/no wish-what to do/reporting on task-attitude/attempts-mind active - DRAINING MIND/'passion' for Work/talents-impartiality/learning when to & what Work means/wish to grow bondage - impartiality/Death
(Mon 12/18)
- M 2190 (II) seriousness of desire for Work-task:living without Work 1 week/Work & state/attempts w/no results- awareness;lightness/not wishing to see something of myself - what to do/rationalizing behavior/Intuition/separation from body - explanation/noticing thoughts -wish/developing religious attitude/pessimistic type - change it
(Wed 12/20)
- M 2191 (L/IV) Barn/getting up with Sun/MARRIAGE-Brian & Roselyn/Viet Nam - destruction/
(Sa 12/23/72)Earth conditions/Christmas - openness-GIVING/gratitude for life/acceptance/Mother Nature/care of body/(Magnetic Center)
- M 2192 (II) LAZINESS-aim/SUFFERING-not unique/ATTEMPT-energy after;heart,feet/NO AIM-
(Wd 12/27/72) task;absolute facts /satisfying hunger for Work/ROAD TO SELF WITHIN/FACTS-
in beginning/determining right road: REALIZA. OF BEING/Not Working/WISH-
meeting - stimulus-finding oneself/TENDENCIES-converting energy/NO MOTIVATION
for Work-self-love/conscience
- M 2193 (L/IV) NEW YEAR-CHANGES w/o understanding of laws/TANGENT of thought/READING ALL
(SaSu 12/30-31/ AND EVERYTHING/asking questions-digesting/Kesdjan/Soul/RECURRENCE-
72) REINCARNATION/BRAIN-MONOTONY/HEROPASS/essentiality/relationships/thalamus-
hypothalamus/present-future-past/hanbledzoin/openness/freedom/God/impartial
mentation/task:quotes from A&E
-
- M 2194 (II) earthquake/activities-division into 3/Questions and answers: task-purpose;
(Wed 1/3/73) awareness/emptiness-acceptance;extending and intensifying moments/wishing
to accept others-emotionally disturbed, etc.;acceptance,using energy for
oneself/residue of reactions at end of day-elimination process/hollowness-
looking for contentment(Adventures in Contentment);selecting what is useful
in experiences/Children-unable to Work with;Working in AM;seriousness of aim/
unable to formulate experience-not defining;living/responsibility for activi-
ty and Work- Working in ordinary life;tri-unity/using opportunities;small
things;proving wish/nature-art; creating something permanent/'I'
- M 2195 (IV/L) changes as a result of Work/ANSWERING TAPES -exact language/wish, then
(SaSu1/6-7) attempt. WHAT IS REALLY WORK? 3 fold-attempt - THREE CENTERS as THREE
METHODS: MIND, FEELING, BODY. INTELLECT-thinking & awareness. Laws 3
and 7. Preparation. Moment not understood by mind. FEELING - no words,
felt. Clarity needed. Wishing something higher to be present. God.
Humbleness; acceptance. From solar plexus to heart. Sensitivity; love
for mankind. BODY - relation to other 2 centers. Wants own language.
SENSING, DRAINING, LORD HAVE MERCY, I AM. Description. Mind and feeling
find themselves in body. Use of the 3 methods. OCTAVE. Shock. Fusion.
Simultaneity/ Using nature to remind you, also conditions/changing habits
reactions-slowing down, etc./last night's meeting for new people/impressions-
using for Work/birthdays - coincidences/

M 2196 (Q&A)
(II 1/10)

Working in simple conditions - not when identified/
Draining - when to/ ACCEPTANCE in relation to oneself &
then others/ A&E: 'more people from Mars'-King Appolis -
explanation; conducive conditions inside & outside/ consider-
ation of paying mammon & God - how much; Magnetic Center;
division of energies/task-find out about Work/preparation &
depth re: Work/chaotic conditions - task: stopping, have some-
thing aware/ Work in quiet; not when others are around -
task/evaluating aim, motivation/knowing my Karma - unrolling
film; consideration of expenditure of time & energy

M 2197 (IV/L)
(1/13-14)

GURDJIEFF BIRTHDAY/ ALL & EVERYTHING/as a man having lasting
influence- real man/ Working, using material of the past/
life and form/cannot learn with mind/3rd series/I AM; breath as
2nd being food/inhale-exhale/3rd being food/air-impressions/
responsibility for wishing to Work/God & man/being reminded/
connecting wish & attempt/alarm clock within

M 2198 (Q&A)
(II 1/15)

two periods of ADVENTURE:1)curiosity 2)necessity/ Prayer -
3-centered; when one is entitled to pray /negativity and
acceptance; not losing desire to live/alertness and awareness
creation of 'I'/proper relation of body, or Earth, to Work ;
body as instrument for Kesdjan & Soul/properties of results
of attempts;freedom, hope/task: talk to 10 people of Work/
unconsciousness - not a shock-creating, 'I'/suffering -
relation to Work;extracting from it/'I' & benevolence/
draining/honesty about wish/& actual attempt

.. 2199 (Q&A)
(II 1/19/73)

Schiller-temple of Thais-knowing truth/(tangent)attempts
covered by sleep; essentiality of Working/curiosity &
motivation/ patience/learning how to Work/balance between
inner & outer life; shame at not Working; task-attempt 25 x/
super-effort vs. limitations at times; meekness (Yom Kippur)/
Hasein at window/trying to be open to ideas-task: quote from
A&E/friction for Work/how to know if I'm Working/feeling vs.
impartiality/ serious at Barn & meetgs.-wishing to Work more/
wish/difficult to Work-writing up tendencies/patience

2200
(IV/L 1/20-1)
1973

MR. Nyland-trip to West Coast - 1 week/WARNING re: I Ching, Astrology, Palmistry, etc. - translating information into experience - relation to wish to Work/Kesdjan/ friction/ seeing bondage of myself/exhausting possibilities of one's being/ impressions/state of silence(Kesdjan)/6th & 7th sense organs/ sex energy/adventure-experimental period/ what to do when tense - sensing;draining/payment to God and nature/ birthday

2201
(II Mo 1/22)

UNEXPECTED EVENTS-Georgie's accident;Lyndon Johnson's death/Relationships-living in moment-shocks/inspired by Dervishes; holding onto such state in ordinary life - dervishes; flow of energy/hips-distributing center/emotional and intellectual approaches to Work - quality, not approach;energy of emot. state tow. God/awareness/feeling & emotion defined; change of attitude-Hassein/activity, energy - 3 centered unity - 3 H's/going against habits-tension-using habits/wish- 'I'-awareness as cycle-manufac. plant/task-conserving energy- turning off lights; stopping in activity/forgetting to Work-attempt when you remember; body changes

2202
(II We 1/24)

Q+A

behavior(when Mr. Nyland is on trip)at Barn-conscience/ benevolence & acceptance of oneself/Draining during day; sensing while walking/real wish-reminders outside;stimulation of wish;hollow attempts-standing still(task)/motivation & aim for Work/principle of 'I' in relation to father,son; or older brother-blood relationships/physical work at Barn - remembering why one is here/new facts & old;essence of a fact/losing oneself in children -mystic in meditation;task regarding children/asiff - 'I' not imaginary/not philosophizing about Work/description of attempt-what did awareness give? realization of existence/mind binding -use body/ attempts without wish-aim not clear; slowing down

2203
(II Fri 1/26)

extracting from the past/helping Earth to grow;information becoming part of one's being/relation of wish to Work and aliveness/experience with quality of purity - 'tilling the soil';aspiration & inspiration/low level-Work doubly/ desire to Work & removal of obstacles;subjectivity/intense experience-period of gestation;positive, negative,neutralizer aim;person looking at one,like awareness,'I'/oneself as an object of research;being tested by outside world;dissolving superficiality;imaginary conversations/asking questions

2204 (IV/L
1/27-8)

Georgie-accident/VIET NAM-civil war within ourselves; destruction/feeling left out of group - why; what to do/ body as neutralizer for state of mind/BODY DOING; establishing equilibrium; language of (phreno.palmis.)/learning to be part of group/(Mr. Nyland-being available)/ 3 sources of esoteric knowledge/(smell)

2205
(II Mo 1/29)

trip;out-ofetown groups/changing formulaes for Work;using Barn - seeing oneself/place within & impartiality,'I'/ attempt in am.-level;discovering one's life/awareness-giving series of facts, not just one;absolute fact/SELFISHNESS, self-centeredness; using as reminder for Work; not obstacle/ one's responsibility tow, suffering of world-not becoming sentimental;knowing one's own suffering first/linking up ideas of Work with one's experiences; being able to communicate

2205 (continued) with others about Work not the important thing/involvement in ordinary life, not Working - seeing oneself; motivation for Work

2206 (Sea.)
2/30

2207 (Sea.)
1/31

2208 (Land)
I (2/1) Group I/California group - fundamental lack: not working together; group aim/lack of feeling, caring/activities - talking of projects, no unification/need aliveness and enthusiasm/Answers to meetings - answer played; remarks on how answers are received; what goes into an answer/not enough statements about 'I'; inner life; facts/attempts and results/ impartiality and simultaneity/ what a Group III is compared to I and II/purpose of activity - reminder to Work/general fund-9%/maintenance of Land/weekend attendance - not enough/movements

2209

2210

2211 drinking Armagnac/Group I to develop conscience; responsibility to talk of own experience/task to pray to remember to wake up/sincerity, no results - something wrong/Working when with others vs. Working when alone/Group - become responsible for work to be done at the Land

2212 (Seb.) INTRODUCTORY/inner life/Gurdjieff-ideas of as prescription
II & III which can be applied/who is Gurdjieff for?/3 centers, bodies/'I'/
Mon 2/5 acceptance/facts/conscience, consc., will/consider one's life/seriousness

2213 (Q&A) II (1st meeting after trip) West coast-Seattle plane ride/
Wed 2/7 Group-cooperation, relationships/trip-not yet/will not
listen to out-of-town meetings anymore/wasted energy/
relating influences of life to octave-FA-overbridging;
importance of aim, inspiration; 'I' as personal deity;
belief/loss of simplicity -reduction of activities; undo
confused state, Work/belief, no faith - inner life; put
more inner life into everyday activities/Fear -openness,
vulnerability; taking responsibility for life; see what
you have; Task-ask friends what they really think of you
in honesty; use for self-examination; establish foundation
for oneself/How to sense during day - not like total exer-
cise; attention to parts of body/ Prevision - not becoming
fatalist; not particularly linking it up with Work/ using
emotional energy for growth - as principle for Work - not
indulging in emotional state; cold shower. Freedom/noticing,
disliking - acceptance, no judgment; doing again intentionally
'wrong things'-acceptance/ (Imitatio Christi)

2214 (Q&A) II
Fri 2/9 (Imitatio Christi-correction)/'I' where it is in brain -
temples; concept of 'I' being aware of 'it' and 'it' noticing
existence of 'I'; hypothalamus, thalamus, memory/not dwelling
on state and description/emphasis on 'I'/functioning of
'I', energy, prayer/experience and knowledge - acquiring new
knowledge; fact registered by 'I' recorded in memory/sub-
jective & objective facts/changing what one is - 'points
becoming a line'/wish bombarded by feeling- wish & conditions
& behavior; Work as safety valve for explosion/task of ask-
ing people what I am (taken by another person) -not for you;
purpose of task/not remembering Work - ask 5 people what
Work is/aware, then adding wish - wrong sequence/how to
accept oneself - not thinking of causes; accepting body/
saying yes - 'I' requires impartiality and simultaneity;
Working, could not stop thinking -wish/results not reliable -
waning interest in material things, interest in spiritual,
things of more value

2215 (IV/L)
SaSu 2/10-11 Georgie/Experiences/protecting oneself against influences/
fear-closing up/RESULT OF WORK- centers less connected; how
it shows; Zilnotrago/SELFISHNESS; SELF-CENTEREDNESS/
RELATIONSHIPS-caring, sharing, love for mankind/way to God/
aim/necessity of being reminded/not being discouraged/
openness to suggestions/affection for each other/finding
what is needed in your life

2216 (II)
Mon 2/12
VIDEO TAPED
(Q&A) ONE BECOMES DIFFERENT KIND OF PERSON IN ACTIVITY - result
of 'I'/personality to individuality, gradual changeover/
feeling of not getting anywhere; seeing you know more of
yourself/honesty in effort/what I am, what I wish to become;
HABITS- 'I' telling me about my behavior/REACTING - changing
Tendency -wanting something in return; Working for something
paying, fighting tendencies/ordinary life principles -no
energy for Work; changing of habits & work/remembering Work
in am. -task/HABITS-inner & outer life/acceptance - inner
& outer world/Task: call oneself 'it'/participation -
first understanding impartiality

2217(Q&A)
Boston
Tues 2/13

2218 II
(Q&A)

Wed 2/14

~~Boston needs help~~/Inner & outer life balance/aware; wish to be free from thoughts & feelings; not feeding them; acceptance; unconsciousness & wish to develop; belief in higher forms, prayer/ 'I' and testing in unconsciousness, need impartiality/3 ways of Work-emot., intel., physl./indifference towards life - concentrate on ordinary first/function of Group & Work-own motivation/ experience of separation - 'I', alive, happy, unusual/different attempts for different people; acceptance; 'I' & changes/results - not preconceived/ difficulty Working/ essential contact with people- task/state after music/Sensing - reason for/ reacting - task

2219 (Q&A)
II

Fri 2/16

urgency of Work/meaning of virgin field/experience of light/ points becoming a line; supporting cells of unconsciousness re: wish/Work & outer activity - supporting cells; equilibrium - can go either way depending on level of being/(Mecca)/seriousness; self-study; task controlling energy/closed & Work - laziness and going against it/George Ivanovitch Gurdjieff - after death; spiritual deposits/influencing one's CONDITIONS - creating, exhausting, selecting - experimental period/workday - theoretical question/understanding & digesting experience/inner life & withdrawal - 'I' telling me what to do; inspiration & friction/scientific approach/silence of "esdjan"

2220 IV/L
SaSu
2/17-18

Growing up - 3 influences: biolog., astrolo., sociolo./
belief in limitations; thinking one can do/finding freedom
realization of bondage/belief in development / Work and wish
for change/ acceptance/relationship with God/miracles/aim
'I' & God-dedication of my life, devotion/yielding/reality
of life without form/inner & outer life/permanency/Zoning
regulations/behavior as group/Amity parking/payment on weekend/
dreaming of state of freedom; use of high & low energy/BODY-
task: developing sensitivity to; place of re: mind & feelings

2221 II (Q&A)
Mo 2/19

Level in talking of Work/'America' chapter-fumigations;
CUSTOMS- using/body needs vs. desires/attempt-giddiness; not
allowing/understanding experience emotionally and mentally;
use body/closed, unable to Work-yielding, detensing body;
follow natural impulses/ans. tapes - & personal experiences/
alleviating suffering -family, friends, oneself, God/acceptance/
preparation for Work-necessity of attempt/lack of confidence
in attempts/impressions/wasting time/limitations/task of IT
call self

2222 II (Q&A)
Wed 2/21

function of mind & answer to question/description of Work-
detail of steps involved/life force & form/'I' and manifesta-
tions/authority of 'I'/dependence on something higher/bondage/
prayer/'I' as personalized God/GOD/helping me/death/reading
A & E - mind not alive/wish- increase, intensify - patience,
inhalation/unconsciousness as food; Work as salt/freedom and
essence/(Abraham & Isaac)/Karma/humility & self-importance-
acceptance/wish to Work - ordinary aliveness; asking others
for help/wholeness - 3H's, impartiality/acceptance-real self &
'I'

2223 II (Q&A)
Fri 2/23

RESULTS-danger of complacency; not diluting; what it should be/
3-fold effort; Triamonia/Mental approach-Work has to be from
heart/experiences of 'dawn', not awakening yet; continued
effort/ordinary life & Work -choice/ans. tapes-seriousness but
Work misunderstood-how to answer/acceptance-ordinary, conscious,
impatience; PATIENCE & BEING; 3 centers-keeping at same pace/
not satisfied with one's Work-acceptance/simplicity - living
within; essence/attached to imagination- clearer about motiva-
tion/wish & distraction/effort & 'I'-attitude/attempt from
deep place - task 3xday-penetrating/experience-continue/
shallow-too mental/stopping cycle - cold water; organic shame-
I am

2224 IV/L
SaSu 2/24-5

PUBLICATION OF THIRD SERIES-the three series, purpose, intent
of Gurdjieff; sequence of writings/Dead Sea Scrolls/Book: Gösta
Börling-Selma Lagerlöf-love/Bennett/meeting GOD-angels,
cherubim & seraphim, astral body, Kesdjan/Soul/approaching one's
death/octave/participation, experimentation/praying/50 Ques &
Answer meetings/Tues-NY; Wed-Mothers/small groups/meaning of
Power-possessing beings/angels

2225 II
Mo 2/26

last Q&A mtg/experience of waking up; wishing to repeat;
preconceived notions/what does one do with facts/aliveness/
sitting, reaching essential point; maintaining intensity in
activity-function of 'I'/task: penetrating within 3 x day;
going to core of oneself; Third Approach-physical, Magnetic
Center; prince and princess/ Silent lunches - March/monthly
contributions/three centers, light, heat, sensitivity/
breathing, opening up-gift/answering tapes - aliveness; listen
to voice/facts of substance-becoming sensitive, changing value
answer to question in trying to formulate/real Self/thinking
of Work first time in a.m. - donkey-bridges

2226 IV/L
SaSu 3/3-4

Third Series/Town Board - impression of Barn on Warwick/
Mother's meeting/conscience/Teilhard C. Jardin/ What is ad-
vantage of Gurdjieff? Not having to give up ordinary life/
relationships in group/honesty/objectivity/ necessity of
patience/ God/ Lunches in March - meaning in quiet/new people
responsibility for/ Tuesday meetings - communicating Work.

2227 II
NY 3/6 Tues.

continued efforts to get result-'I' must be fed to exist/
motivation-enriching ordinary life/observation-awareness/how to
have aliveness in feeling/heaven defined/how to be more serious
does 'I' exist already?/motivation-talking to mind from being

2228 IV/L
SaSu 3/10-11

TIREDDNESS/Gurdjieff/Karma/group-influenced by conditions/ 'I'
not always wanting to be there/WORK-gives hope & belief, not
giving up, overcoming difficulties/Kesdjan/silence at lunch/
relationships/Mother's meeting/conscience/God

2229 IV/L
SaSu3/17-18

Georgie home/periods of despair, patience; keep Working/grate-
ful for truth/wanting Work to help me/CIVIL WAR within/out-
of-town meetings: how to answer/equilibrium for Work/ wish
to grow/TASK: to correct a relationship/honesty of Work/
understanding forces/small groups/Schedule: west coast, Boston,
NY/parking/extracting from ordinary life

2230 Open
Tues NY 3/20
Q&A

Basis of questions/no result: reason for Work/Reading A&E
with application to life/patience for growth/(Of Human
Bondage-Somerset Maugham)/Thoughts interfering: draining,
body active/net Working when body is not in good health/
state of uncomfortableness; using for Work; conscience telling
one conditions in which one can Work/how to tell if you are
imagining 'I' or not-results/Gift of power to wish for
another - verifying, responsibility, becoming pure channel/
meditating to reduce thoughts-not Work/4th Striving, meaning
of sorrow of our Common Father/gathering facts-growth of 'I'

2231 IV/L
SaSu 3/24-5 SIMPLICITY OF WORK/meetings-questions & answers;volunteering working through ordinary life; solving problems/trying to become aware;making an 'I';draining;description of attempt/ observation/where is 'I' in brain-analogy to machine shop/ astrology,I Ching, Tarot -subject to interpretation/finding key to understand Work,not being fanatic/each person has different 'I'/not being heavy in thought,theory/task: spend 1/2 hr.considering your negativity;15 min. of positivity; then physical work/relation to God, life, other life/birthdays - Sun, rising sign, moon

2232 Boston
Mon 3/26
Q&A Purpose of meetings-talk of Work/deciding how to spend energy between ordinary life and inner life; considerations: aims, division of energy/limitations of oneself;experimenting in experiences/Enneagram/what is attention?/deepening wish in relation to coming to oneself/prayer and Work/A&E: meaning of different spaceships & friction -religions and dogma/ knowing if one is on right road

2233 IV/L
SaSu 3/31-4/1 MR. Nyland's trip to west coast/FIREFLY/Firefly tapes; 1500 series, question & answer series/Work & esoteric ideas (Don Juan,Seth,dreams, I Ching);attitude towards/silent lunches at Barn/breaking habits/Why do you stay? Do you belong at Barn?/turning off lights-Okidanokh-waste of energy/ Giving to others/affecting and reminding others(tuning fork & striking a rate of vibration)/legominisms/recognizing essential quality in others, past behavior forms/outer life allowing inner life to come out/Birthdays: Robert & Linda/Manifesting in group - channel for energy, 'I'
(Eckankara To Live Within)

2234 II(Q&A)
Tu 4/3 NY accidental awakening/synchronizing body to state of mind or feeling; reducing extremes of oneself/fear; remembering simplicity of Work/wish, solar plexus - deepening, going to heart-impartiality/knowning if there is awareness/result of awareness/simplicity/acceptance;'I am'; 'I have a body'/ Work-emotional state-wish; breathing;energy/Conscience, consciousness; division of energy for inner & outer life/ Aware-awake-alert; sons of God, Gurdjieff;exo-,meso- and esoteric knowledge;importance of application

2235 I&II
Th 4/5 Land

2236 II
Fri 4/6 Land

2237 I&II
Sat 4/7 Land
unch/Even.

food for inner life from meetings/struggling with weaknesses-
acceptance-going against the grain/confusing intellectual &
emotional approach/detail of need for objective faculty/ trip
within/superficiality & essence/recurrence & reincarnation/
Karma as bondage-personal-eating Karma-relation to Work/
impartiality & simultaneity - detail/telescope/life & form/
transparency,translucency/3 requirements for Work & why -
observation, impartiality, and simultaneity

2238 II
Su 4/8 Land
Q&A

2239 III
Mo 4/9 Q&A

2240 II
Tu 4/10
&A

2241 II
Wed 4/11
El Cerrito
Q&A

2242 I
Th 4/12 Land
part Q&A

2243
Santa Fe
4/13
ri (Open?)

reasons why man must Work/ mechanicality/language for emotions
becoming a child of God/how to separate the THREE CENTERS/
harmonious man/thoughts & awareness/DO-RE-MI of Soul; partici-
pation, experimentation/SOL-LA-SI of Kesdjan - aspiration,
inspiration.

2244
Santa Fe
4/14
Sat (Q&A)
II, III

no aim/verifying experience of 'I'/growing up of 'I' & accumu-
lation of facts/body as reminder-'I' observing/how to strengthen
wish;dividing energy/3-centered effort; I AM exercise/balance
between inner & outer;octave/feelings/anticipating results/
seeing oneself/active vs. passive/frightened at life/awareness,
acceptance/attempt while driving

2245
Santa Fe
4/15 (Q&A)
I, II, III

accidental moments/seeing oneself & Work/Work while driving -
task/'coasting' on results; necessity of Work/should Work, no
energy - wish/reactions & actions/acceptance; knowing one is
there/laziness & wish to Work/wanting to use emotional energy

2246
/16
enver

Asking questions - difficulty/feeling & emotion-difference/

DETAIL-Work in general;subjective to objective, aim away from
Earth, 'I', facts, moment/ Making WISH stronger-seeing oneself/
difficulty Working - preconceptions/Real Self-how to reach/
impartial observation/Motivation to Work/Caring & obligation

2247 II
Tu 4/17
NY.

* * * * *
Feelings,
freedom from/associations-impartiality & simultaneity-A&E: not
giving oneself up to associations of a center,regulator /
Changing emphasis from 'It' to 'I' in attempt/acceptance /
satisfied state, remembering part is not satisfied; 2 ends of
stick: objectivity, subjectivity/ enneagram - understanding of
(hypnotic state)/Octave, going over FA, increased wish, con-
centration of 3 centers-state of prayer/Working 100 x a day/
draining, not substitute for Work/wish-seeing unconsciousness,
giving motivation for Work;3 centered prayer/concentrated efforts/
remembering one's own death & Working/'I' works for you-supplying
energy to wish/

2248 IV/L
Sa^{su} 4/21-22
W/B

trip to west coast/Easter/PERIOD OF DOUBT & FORGETFULNESS/purpose
of Barn/'I' in simple conditions, then more complex/where is God?
where is Work?/interest in spiritualism/unconsciousness remindg.
you; reacting more essentially/necessity of concentrated effort-
1/2 hr. of attempts,day of austerity/Workion your Karma/being
open/(tent down)God within - Magnetic Center, gives life/
being affected/Easter/birthdays: past, present,future

2249 IV/L
SaSu 4/28-29
W/B

WORLD SITUATION- turmoil; interest in inner life/esoteric knowledge/MEDIUMS, I Ching, Tarot, astrology, etc. -perspective on/Terror of Situation/GURDJIEFF-method: learning of behavior through body; ladder to God/4th Hasnamuss, recurrence/going in different directions, holding onto what has been given/necessity of Work-friction/ACTIVITIES -statements; Mon & Thurs meetings - women invited/looking inward/time of Full Moon in May/stop for 5 min. ea. hour to Work

2250 II NY
Tues 5/1

KNOWING if there is growth; aim of Work/mind, heart-3 centers, freedom/2 ends of stick/John-wishing to help/preparing for death/ Work - not improving oneself /awareness; impartiality; simultaneity/ emphasis on 'I', not 'it'/coming to oneself-shock/creating 'I'/wish for experience/demanding 'I' to exist

2251 IV/L
SaSu 5/5-6

Concentrated effort in MAY/A&E-need for application/suggestion for meetings to Work and talk of it then/Library-moving crafts out of Barn Music of Gurdjieff/Firefly/Printing/Work-mixed with what one is/ Activities - purpose/acceptance/three centers compared to physical sleep (state of)/extracting food from others, impressions, conditions/ (astral level)/sensitivity to wish/Seeing one's behavior

2252 IV/L
SaSu 5/12-13

trip to west coast 11 days / why do we want to be free? WISH/belief/ hope/body/inner life/PERSISTENCE-INSISTENCE-PERSEVERANCE/ perception /Will of God/friction-inflictions/Magnetic Center/religion/ (astral)Kesdjan-Soul/3 ways/withdrawing into oneself- not right/ looking within

2253 II
NY 5/15
Tues

relationships at Barn/Work when caring for child/Observation impartial, not critical; bondage of form/confusion about aim; weak wish; dislike of myself & wish/Work in activity/ Day of Austerity/superficial -using music, putting life in it/doing something with all of you; wish to deepen/ sacrificing oneself - not being fanatic; 3-centered/ difficulty using A-B-C-starting where you are/Friction & trying to Work/dual nature-part is lower-what to do/

2254 Thurs
5/17 I&II
LAND

2255 Sat 5/19
L/Even.
LAND

2256 5/20
Sun L/Even.
Land

2257 Mon
5/21 III San Fran
(Q&A) Observing and change-impartiality/new approach-application ;
need for motivation, QUESTIONING ONESELF about one's life on
Earth/SEX & CHILDREN-conscience, potentialities/freedom of life
understanding bondage/MAN WHO CAN DO/value of one's life/
laws 3,7,1/FREEDOM & BONDAGE/'I', facts /God

2258 Tues 5/22
II Seattle

2259 Wed 5/23
II Seattle

2260 Thurs
5/24 I&II
Land FUNCTION OF A GROUP/'I'-accepting me, seeing my life; telling
what is wrong with me/Working against TENDENCIES, overcoming
weaknesses/extending existing of 'I'

2261 Sat 5/26
L/Even.
Land

2262 Sun 5/27
Even.
Land

2263 Tues 5/29
NY II Digesting, eating experiences/belief that LIFE continues
after death of body-necessary to Work/man on Earth;
Kerdjan, Soul/Meaning in one's life; why one is alive/
using information; seeing behavior/Meditation/sociological,
astrological, biological influences; Magnetic Center
(Gestalt)/Ques: Work with no objectivity-reality of body;
awareness & not thinking/knowing 'I' is there/sharpening
efforts/'group spirit'/loneliness-lonesome (cont. next page)

- 2263 (cont.) experience-necessity of impartiality; questioning one's experiences/seeing tendencies - what to do with them; acceptance
- 2264 SaSu
IV/L
6/2-3
W/B WORLD CONDITIONS-difficult period; accept/same time - influx of SPIRITUAL LITERATURE, MEDIUMS, learning from things of higher level/Out-of-body experiences/need for a new language without form/caring (person who was disturbed)/GURDJIEFF -ALL & EVERYTHING/wanting eternity, falling back into Negativity/TASK: not to GOSSIP/going to source/different editions of A&E; listening to older tapes/MEDITATION-still ordinary/Sat. attendance-using opportunities being emotionally involved/wanting awareness/Birthdays-/Grace of God-realization of oneness/transparency of form-aim of Work
- 2265 SaSu
6/9-10 W/B VOICE-expressing life through body/(Emerson)/Relationships between people - car accidents - where is inner life during such times?/'I' impartial to feelings, mind/ they hereafter/importance of continuing to Work (feet)/Work-body in proper place/Gossip-task/inner life emphasis MIKE & TINA - MARRIAGE
- 2266 Tues
6/12 QUESTIONS-conditions for/Task:wanting something more essential/experience of awareness; aim/state of complacency-what to do/'I' and results/Kesdjan, intellectual body and 'I'-clarification/seriousness of Work & living ordinary life/living within-going further/overcoming friction
- 2267 IV/L
SaSu 6/16-17 FATHER'S DAY/Perspective on Work; knowing existence of Soul/'I': observing body in beginning; later to observe feeling and mind; 'I' & behavior/participation of 'I'/extending & expanding feeling, going over into emotion/Weekend labor-Barn centralpoint/Activities/(healer)
- 2268 IV/L
SaSu 6/23-4 Wednesday meetgs./BALANCE-MIND & FEELING/attachment in ordinary life/use of ENERGY/Earth & spiritual development/wish to see BONDAGE/inner & outer life/Barn: watchtower; library; staircase; weaving; Greenhouse- changes
- 2269 II
Tu 6/26 'something present' explained; exercise/ FEAR-exercise given/ getting rid of envy; positive attitude/description of attempt; creating essential experience/DEPTH of ATTEMPT/ MIND INTERFERING with attempt/PURGATORY(Dante-Heaven & Hell)/inspiration from thinking about His endlessness; imagining freedom/emotional & mental influences, Work-controlling thinking by staring/Work & sorrow/

2270

Robert moderates

Wed Barn

6/27
(#1)

7/4 (#2)

7/11 (#3)

7/18 (#4)

7/25 (#5)

8/1 (#6)

8/8 (#7)

8/9 th (#8)

8/15 (#9)

8/16 (#10)

2271 IV/L

SaSu 6/30-7/1

Old age-states; preparing for death/Thought-thinking I can become a man through mind/FEELING/Breathing - Keesdjan & Soul/A&E in paperback; 2nd and 3rd readings/King Arthur// WED meetings/Barn-exhausting apl possibilities; not leaving til then/Finding Magnetic Center & conscience/MARRIAGE-Bill & Mary Jo

2272 IV/L

SaSu 7/7-8

Walking from WARWICK to AMITY/Moving ACTIVITIES out of Barn; changes in Barn/GREENHOUSE/SSHOOL for older children; emphasis on parents/4th, 5th striving, Martfotai, impartial mentation/Devotion to Work/Question of dissatisfaction with group & people leaving(Foundation)

2273 II NY

Tu 7/1D

Work-to get to essential essence, reality/clarifying an attempt/PRAYER for other as inspiration/Motivation and Aim for Work-reading Bhagavad-Gita, Mahabharata/ emphasis on bondage & freedom, not on suffering/Using a reminder, pouring life into it/'I', not describing states, acceptance/Wishing 'I' with intensity; gradually intensity changing to openness to receive(staring)/ getting stuck in alertness; simplicity; no descriptions/ CONSCIENCE-honesty; Objective Morality/Work and Yoga exercises-not harmonious man, lack of impartiality/ IMPARTIALITY-introducing in Work; identification/talking to parents re: group/Trusting experiences/trying to touch 'I'-establish reality of existence first

2274 IV/L

SaSu 7/14-15

GROUP-WED.MTG./Octave-2 triads-FA bridge; MI-FA influenced by SI-DO/Ten schoolmasters-need for positive attitude toward Work-everyone must read A&E/Harmonious man-unity of 3 bodies/ 4th & 5th strivings/A&E-Ahoon, Captain, Hariton, Mountainpass France, From the Author/Love for Gurdjieff/Movements music/ Bakery/Dealing with difficult people/Task: 15 min-to wish growth for anyone you see/freedom-bondage/BALANCE/Barn-activities; moving them

2275 L/IV/L

SaSu 7/20-1

Outside reactions & inner life-double person/Feeling; development of Keesdjan/impartiality, simultaneity, observation, awareness - defined/transparent, translucent: description of processes/spiritual existence/emotional quality, emotional state; breath; emotional energy-Voice of God/PERSPECTIVE ON MEANING OF 'I'/joy of living/Groups-Tues & Wed: terminology/ PARTICIPATION, EXPERIMENTATION-going from inside out/acquaintance with form on part of 'I'/IMPARTIAL CRITICISM/Objective Morality/responsibility for creation of 'I'/Civilizations/ listening to demands of 'I'

2276
Tues 7/24
Q&A

Thurs lunch-purpose; Work & ordinary life/Motivation for Work/dealing with 'up & down'; equilibrium/having father; becoming like child, 'I'/ Using identification as motivation for Work; awareness, 'I'-creation of, as a tool; constancy of wish for awareness, A-B-C: not describing method/impatient to change; accepting; being patient/Observation; fact of existence-objective & ordinary facts; impartiality, simultaneity/'I' as Jesus Christ/experience of awareness Inner & ordinary life/Unable to Work in presence of others (during work hours); clicker; raising one's own level/carpentry-errors; linking with Work/Life coming out, not connected with Work; ALIVENESS, MAN NUMBER FOUR, outside stimuli (reading, etc.); EMOTIONAL STATE, Kesdjan

2277 Th
7/26 Lunch
(#1)

2278 IV/L
SaSu 7/28-9

WORD-"In the beginning was the word"/SYMBOLISM/Enneagram/ penetrating SOUND/MAN NUMBERS 1-4/(intuition)/ Seeing behind words, symbols to reality/esoteric principles; essential quality in words/freedom/Karnak/expectation/soul-travel; dreams - not reality/self-cosmic-universal consciousness/seeing if one is making progress

2279 Th
8/2
Lunch

place of 1-3-2 and WISH, Man Number Four, AIM, Octave/Wishing to Work more; dependent on certain factors; intensity-energy-capacity-wish; CONVERSION OF ENERGY, personality, individuality; conscience; consciousness, will, 3 centers; FUSION of energy/'I' dependent on wish/Changing Habits/Tasks - freedom from unconsciousness/Not agreeing with people who speak of Work, but VERIFYING for oneself/ Caring

2280 IV/L
SaSu 8/4-5

New people/RELIGIONS/GROUP, individual as CHANNEL/What is wrong with present civilization?/Middle Ages/desire for spiritual life/ wish to become GOD/FUSION/ Laws 3 & 7/ Development of emotion & intellect/ENERGY & EQUILIBRIUM/ WEDDING - Dell & Jay/Monthly payments/Activity Meeting - changes.

2281 Tues
8/7/73
LAND

1st on trip/Continuing to live, wish/ Gurdjieff - benevolence/ How can I help you?/Becoming more sensitive; hearing intuitively/ Man's emphasis changing to center of himself - inner life/Magnetic center; essential essence/ Process of uncovering - 'I' and Kesdjan/ Existence of life/eso-, exo-, mesoteric knowledge/Growth of life; spiritual values - Development of Being/extracting food - using knowledge/'I' - impartiality.

2282

2283

2284

2285

2286

2287 8/16/73
I/Land

- 2288 IV/L
Sa/Su 8/18-19 1st mtg. after West Coast trip/SOUL TRAVEL-perspective/
Tu & Wed mtgs/IMPARTIALITY, SIMULTANEITY/ Advantage of
GURDJIEFF, method: immediate results/Possessing and giving/
payment of body to Mother Nature/KINETIC ENERGY, energy
of place/Seattle trip/delegation of responsibilities/
birthdays/ Fighting, struggle(Bhagavad Gita) for inner life
Activities, Correspondence/Transcriptions/freedom from one-
self/aim
- 2289 Tu 8/21
NY
(Q&A) Meaning of Barn/ALL & EVERYTHING-accumulators; 'I', light,
energy/describing attempt; awareness; separation (out-of-
body)/simultaneity/'I' observing movements/Wish-outside
conditions/RESULTS from previous attempts/'I' interested
in life/TASK-mind&wish/Thought vs. attempt/confusion at
meetings-I have a body/Penetration of ideas, attraction
within/Magnetic Center(sleeping beauty & prince)
- 2290 Thu 8/23
Lunch
(Q&A) Impression of Wed/PHYSICAL APPROACH-3 approaches/BODY-
sensing/purpose of Wed-discussion of Work, not always
agreement/TRANSPARENCY/Work vs. improvement of body/MTG.
as STIMULUS FOR WORK-reacting deeply; using; recognition of
unconsciousness/experimental attitude to Work-comments;
learning to create 'I'; constancy of application/BREAKING
HABIT/leaving situation to Work/; seeing oneself caught up
affected by nature/previsualizing actions/higher levels of
existence/source of life; relation to form/Working right
now instead of preparing oneself/wish becoming actuality;
not thinking about awareness/small group-finding own purp.
in/SERIOUSNESS-losing oneself in
- 2291 IV/L
SaSu 8/25-6 Macrocosmos-microcosmos/4 states of consciousness/interest
in dreams, soul travel, Buddh., Bailey, Eckankar, astrology -
need for freedom not satisfied by these/need to grow as
man on Earth, free of body/Kesdjan as stepping stone to
Soul/releasing responsibilities/development of GROUP

- 2292 Lu
Th 8/30
Q&A CHARDAVOGNE CO-OP-kitchen/KNOWLEDGE-mental experience;
noticing results, heart, brain, solidity/KESDJAN receiving
information -ESP, relation to child/SELF-KNOWLEDGE/attempt
& anger/bondage, freedom, spiritual school, Karma/AWARENESS
intensity of, subtlety/PARTICIPATION -process
- 2293 L/IV/L BARN-GROUP, cooperation, direction for one's life/stopping
Sa³u 9/1-2 to commune with something higher/DIVISION OF TIME &
ENERGY/seriousness/SIMULTANEITY-development of/UNCONSCIOUSN
& CONSCIOUSNESS-relation to each other; department store/
functioning of 'I'/GROUP III-openness, unprejudiced, appli-
cation, language/A&E-seriousness of/giving 'I' energy/creat-
ing conditions;friction/Correspondence-Holland/WORK affect-
ing one's BEHAVIOR/Mariana & Millie - birthday
- 2294 Wed
9/5 Q&A introducing SPIRITUAL QUALITY into one's life;AIM;defining
spiritual values for oneself;religious experiences;life in
form/experiences of beauty/negativity & motivation for
Work-expecting miracles/becoming lighter/seeing dishonesty/
non-acceptance of oneself-heaviness/finding time to Work/
'up and down'-how to stay 'up'/Task:NY,anger/Task:using
unusual word/Task;situation one doesn't like-using/manifest-
ations-dissatisfied,no change/Task:without form-must have
form
- 2295 lu
9/6 purpose of mtgs:&Barn/'being a toy'-emphasize essence, not
form/devotional attitude tow.Work/HEAVINESS-how to break/
mechanicality-changing/Task-cows;inner strength/Task-
pebbles; reminders/not being Wishy-washy/reminder of AIM;
TASK describing oneself 10 yrs. from now;growth/lack of
self-respect; use of one's energy-properly/paradox of
behavior observed by 'I' vs. changing oneself
- 2296 L/IV/L OPINIONATED vs. PRINCIPLES, TRUTH, ^{Group}Gurdjieff & Orage/
saSu9/8-9 OPENNESS & CLOSEDNESS - in other aspects of esoteric
study-Cayce, Atlantis, edient.discov., Seth, etc./GURDJIEFF-
development of SOUL, experience of being/GROUP-understand-
ing types, behavior/FINDING TRUTH-need truth within -
Purgatory chapter/MARRIAGE-Jim and Linda (*spiritual healing*).
Activities - poverty
- 2297 NY
Tu 9/11 'Trogoautoegocratic'-A&E-meaning/application of Work-
'I' to find truth about oneself/self-criticism;acceptance;
feeding thoughts-positive (Buddha's Confession)/linking
task with Work/Task:make 'I' exist longer/'I' parallel to
ordinary existence/Task:walking -doing something different;
3 organs for development/why good to Work in morning;centers
Work during day/Task: someone who doesn't get up in a.m./
impartiality/no clarity in separation of 'I' and 'it'/
clarifying aim -dishonesty-aware of dishonesty,then God/
basis of WISH is EMPTINESS-thirst
- 2298 Lu
Th 9/13 answering questions,asking/not focussing on RESULTS-
described/level of Being/FACTS of body,and oneself/why wish
for facts? SELF-KNOWLEDGE/heightened state of being alive
BENEVOLENCE/LIMITATIONS/energy of place,kinetic energy
PARTICIPATION/EXPERIMENTATION/Results-tinted subjectively,
not wishing to harm life within-LOSING ONE'S LIFE/using
world to teach me,Karnak,Karatas/States of Awe - using/
what to do when disturbed, can't Work

2299 AMITY SCHOOL-opening/high aim and where one is/what is awareness
Sch/B/W/B Mr. Nyland's birthday-preparation/ACTIVITIES-gross income/ dele-
Fr/Sasu gating responsibilities-nucleus of people/Harriet leaving,
9/15-16 Vincent's birthday/newer people having QUESTIONING ATTITUDE/
Tues eve- opportunity for moderator

2300 Real communication w/o form;Kesdjan;emotional language/form
Lu 9/20 transparent/intuitive road for person-not following mind/
Thurs. SENSITIVITY-animals;story of Jason(cat)/SOL-LA-SI/Soul travel/
subjectivity, bondage/MOTIVATION FOR WORK(Faust)/getting rid of
formulation/looking for method of creation /(seeing people
privately at FFH)

2301 Acceptance of personality-relation to spiritual development-behavior forms
Brooklyn finding reality/Decisions-freeing life;remembering inner life;Kesdjan;God
9/20 within/Mind interferes with attempts-reduce/Openness-responding to alive-
Thurs. ness around you/Task: eating & 3H's/Alive to Work-not Working when not
alive

2302 birthday(Libra-Virgo)-task:becoming positive whole day/
SaSu 9/22- EMOTIONAL STATES-expression of/BODY-blood,nerve system/negativ-
23 ity/KESDJAN-chest/EMOTIONAL LANGUAGE-exercise controlling feeling
L/IV/L by stopping physical expression;seeing what emotion is;maintain-
ing/FA state /planets/3sub-centers/SENSING-FEELING exercise;
Lord Have Mercy, I am/finding essential being/air-fire/Seth

2303 Speaking at meeting/Task:talk At Wed mtg./Purpose on Earth -
ri 9/28 having 2 aims - inner and ordinary; division of energy/learning
Lunch lessons in different lifetimes - me now/standards - speaking
what one feels without criticism; necessity of BALANCE or
EQUILIBRIUM/shock and being balanced-relation to mechanicality/
criticizing manifestations - relation to essence and personality
impulse-manifestation and life-form - not the same/exercise of
sensing-feeling: necessity of Working more before one does it

2304 Decisions in ordinary life-criteria/'I' paying for MISTAKES of
SaSu 9/29-30 'It'/Seth/DO of Soul,MI-Kesd.,SI-DO body -OVERTONES/level of
W/B being determines decisions - 3 centers/Responsibility for effect
you have on others/Progress of Work-in oneself; not in activity/
considerations of one's activity in ordinary life/ponderability/
Dues/unity of CENTERS-energy-Being/impressions (memory)

2305 West coast trip/Method of Work: 'I' to observe form or see life
Wed 10/3 Barn Self-knowledge/Self-remembering/States-activity-'I' and 3 centers
Q&A Freedom & bondage/ observation

2306 Relation of GOD to Work/Results-attitude towards/Acceptance &
Th Lunch conscientiousness/finding SOLIDITY within-BALANCE/'As if' and
10/4 actuality/ACTIVE PASSIVITY-defined re: feelings & Being/
Motivation for Work/Experience of something present-establishing
relationship/stopping expression of feelings-usefulness/Result-
determining if it relates to Work/friction- like salt

2307 criticism & Work/OCTOBER TASK: clean slate/level of Being -
Su Lunch 3 centers/difficult conditions/meekness/ACCEPTANCE/ ~~unable~~
10/7 unable to have consistent AIM-successful attempt/ASPIRATION-INSPIRAT.
Q & A seeing form(Barn)critical;closed;seeing what disturbs;caring; 'I'
Th lunch 10/11 (2 lunches combined on one tape)

M 2308 ACTIVITIES/trip/SCIENCE-RELIGION-ART-PHILOSOPHY/(Scientists)/
IV/L Uncovering what exists vs. creation-effort/Centers-level of being/
SaSu 10/13-14 3 BODIED DIAGRAM-Man #'s 1-4, 5/Freedom-step-wise growth/wish/
W/B 1-3-2/Kesdjan & bondage/Body holds on to life;fighting desires of body/
A-B-C/mind/solar plexus-heart/transparency of form/openness/Task-Oct.
God

M 2309 Freedom - re:body/Kesdjan & Soul/Octave/After ABC, relation to energy,
Tu 10/16 body, feeling/What is MAGNETIC CENTER?finding through Aspiration &
LAND Inspiration/Observation of 'I';simultaneity; 'I' free from body/RESULTS-
described/concern with Conscience (Kesdjan);characteristics of KESDJAN

M 2310
Wed 10/17
Berkeley

M 2311
Th 10/18
Land

M 2312
Fri 10/19
Land

M 2313
Sat 10/20
LAND

M 2314
Sun 10/21
LAND

M 2315
Mon 10/22
San Fran

M 2316
Tues 10/23
Chico

M 2317
Wed 10/24
LAND

- M 2318 MR. NYLAND'S BIRTHDAY/GURDJIEFF MEMORIAL/report of trip
SaSu IV/L to West Coast/Mr. Nyland's experiences which led him to Work/Search
10/27-8 for mediator within/Octave-law of 3-7 - Father-Son & Holy Ghost/3rd
W/B force-body as neutralizer/Language of Kesdjan/Acceptance/gifts of
money/Group I on West Coast as training school/new Bakery/Change in
Saturday workdays/Death/3 & CENTERS/relationships/^{exhausting possibilities}
at Barn
- M 2319 Magnetic Center-reaching/'covered up'-Zilnetrago-discovering bondage,
Th 11/1 who one is/Movements-concern with opinions of others;self-reliance;
Lunch Barn inner point of gravity/development of personality vs. develop. of con-
Q & A sciousness/inability to formulate experiences-not important/A&E - old
and new SHIPS /Dreams of Work/trying 'to be' -Acceptance
- M 2320 Impression of GROUP on outside world-Planng.Board-what are
SaSu 11/3-4 we as group?/A&E: Religion chapter;sharing for sake of saving
IV/L W/B people/Magnetic Center; Man #4/Quintessence-6th & 7th sense
organs/sleeping beauty/God - sending life/search for con-
sciousness/Octave/Enneagr.;Kesdjan/Soul/'I am'/Activ.-writing
up reasons for-brochure
- M 2321 ---value of inner vs. outer life/intensity of WISH & interfer.
Mon 11/5 of MIND/lack of WISH/commitment to group vs. family/Observing
BOSTON life vs. form/Meditation-preparation for, but not Work; 'I'
III and activity
- M 2322 MIND-FEELING conflict obstructing EFFORTS/upheaval-BALANCE-
Th 11/8 sinus curve-reducing heights, how to/REMARK.MEN-conscientious-
Lunch/Barn ness(ordinary)-fighting bondage-friction/SELF-REMEMBERING-
desire vs. actual experience;impartiality/Work & WISH-not
Working when mechanical;realization of bondage/speeding up
digestion of food/controlling one's EXTREMES/quiet within-
anxiety without;gas,solid,liquid,vapor/pottery clock task/
uncovering Magnetic Center
- M2323
SaSu 11/10-11 AIM for group/solidity/CONSEQUENCES OF KUNDABUFFER*what is
W/B IV/L it in group-wanting something for nothing/Gurdjieff/(story
of cabbage & goat)/ DIFFICULT PERIOD in Work-tumultuous state
loss of interest,change/Magnetic Center as channel/sensitiv-
ity,suffering,hope/not despairing,what to do/
- M2324
Lu Th 11/15 WISH in 3 parts1)body-freedom 2)emotion-God 3)mental-
understanding/1st STRIVING&behavior forms/significance of
5 MANIFESTATIONS/Good deeds & Work-preparation/WILL-God
within you/FACTS thru INTUITION/emot.involvd.in attempt-
simplicity/fear of talking at mtg./disturbed at answer
given -Emoti. App.
- M 2325 MAGNETIC CENTER & GOD-knowing/not wishing to wake up/Do I
M/L SaSu want to Work? BEING REMINDED/DO-RE-MI triang./Barn/WISH
11/17-18 divided in 3 PARTS/(A&E-Beelzebub-conceit)/3 centers and
Being/Coming to oneself 7 x,draining-becoming pure

- M 2326 THINKING & AWARENESS;ACCEPTANCE/Retaining AWARENESS/Eating
 Tu 11/20 candy-task/Task: 5 manifestations-as reminder only/Difficulty
 NY being impartial-seriousness/Letters of Scattered Brotherhood-
 (Cloud of Unknowing)-developing emotions-not have fear/Work &
 painting/MOMENT-result of attempt/Information/Stopping mechan-
 icality;not comparing one's experiences to others/not committed
 but wish to Work;pursuing subjective direction/Task: house-
 painting/GOING WITHIN-emotion;2 ways mixing/feet on ground
 developing wings/BREATHING-emotion-what is aim?
- M 2327 THANKSGIVING/GRATITUDE/conditions of Earth;lack of simplici-
 Lu Th/11/22 ty/responsibility for life/emotional state,contact with
 God & life/Relationship-male,female;'I',life/seeing what
 one is/waking up to Heropass/3 centers/'I',heart, body
- M 2328 *1st Q&A-music change/OPENNESS/WORK-not emot.state or inner
 Q&A IV life-Objectivity;AIM,life after death/EMOTIONAL APPROACH and
 11/24 Sa coldness;going inside-not Work;not wishy-washy;Presence/
 WORKin MIDST OF ACTIVITY/PURPOSE OF 'I'-reliable information/
 Determination,simplicity,EXPANDING Work in different conditions
 Task:sing/Experiencing reality of what person sees -'I' not
 interested in DESCRIPTION/'right way to live'/3 bodies & 'I'/
 not forcing Work/'I' and 'it'
- M 2329 Birthdays/Life-death/BLINDNESS-extracting;as condition;
 Lu Su 11/25 developing intuition,sensing,emotions/inner life/sense
 organs/losing selfishness
- M 2330 GROUP-compared to octave-unity/'I'-totality,part of life/
 Lu Th need of different approaches for Work? 3 Approaches/SEEING
 11/29 NEED FOR GROUP to continue to grow/Observa,participa,experime.
 Prolonging Work attempt/connecting Emot. & Int. approaches;
 Emot. Approach and Kesdjan-Developmt of 3 ctrs./GROUP &
 ONESELF-experimenting/state of confusion/'energy accumulators'
- M 2331 ENERGY-saving, purpose of condition/WISH TO HELP,NOT BE SELFISH
 Mu spiritual development/SUFFERING/Bennett-book/Tape from
 Sa Holland;Albuq-open mtg./EXperience-astral body,using energy;
 12/1 limitation of what I can do - Openness-'as if nothing'/
 Q+A LIMITATION OF 'I'/TALENTS&'I'-energy for/habitual attitude
 tow.Work/Task & level of day/attempt to be 'as if nothing'/
 seeing patterns-not losing energy/right time to Work/under-
 standing answer to question-digestion
- M 2332 RELATIONSHIPS/CARING/GOD/SELFISHNESS*SELF-CENTEREDNESS
 Lu Su
 12/2
- M 2333 METHOD OF WORK & LOVE OF GOD/EMOTIONAL EXPERIENCES-using energy
 Lu Th APPROACHES TO God(Emot.)vs. 'I'/seeing magnitude of ACTIVITIES-
 12/6 being inspired/totality of experiences-patience, God/LEVEL OF
 GROUP, FOOD for oneself;withdrawing to essence/Work with wish,
 accept when no wish/BRIEF EFFORTS-not enough, but deposits in
 bank/ANULIOS-reminding one of EQUILIBRIUM

2334 IV
12/8/73
Sat. G+A.

*Views From Rear
World.*
book about Gurdjieff/questions at mtgs./trip to coast/
CONSTRUCTION-DESTRUCTION-relation to making attempts/group/
Activities - some cut off/DEPOSITS OF ATTEMPTS-fear in
living/I AM- purpose/feelings, open, not Working - mental
clarity/seeing 'I' as guide/maintaining plateau-level;
filling mind with positive thoughts/ affected by outside;
finding something closer to wish-3 centers affecting us/
CHANGING CONDITIONS/when to WORK-trial and error/developing
in evolution vs. CHANNEL /WISHING TO HELP-when to, how to,
channel during period of prayer/reminded of Work- motivat./
place of OTHER TEACHINGS

2335
Lu 12/9
Su Barn

Cockroaches in kitchen/POTTERY/CRAFTS/A&E:Kaiserling-
chicken soup/METHOD OF GURDJIEFF

2336
trip
Santa Rosa
Tues 12/11

M 2337
Berkel.Wed
12/12

M 2338
Land Th
12/13

M 2339
Land Sa
Lu/Eve
12/15

M 2340
Land
Su
Lu/Eve
12/16

M 2341
Livery
Occiden.
Mon 12/17

2342
Lunch
Occid.
Tues 12/18

2343 Motivation for Work/Caring-developing & expressing inner
Santa Rosa life/Clarity about Work/Objective art-rela.to Work(poetry)/
Tues 12/18 Work & phys.pain/different METHODS OF WORK: 3 -ABC, Emot.,
Phys./Read; familiarity w/other religions, mythol., etc./
losing one's life-finding eternity

2344 REACTING-SUFFERING-ACCEPTANCE/Self-love/Patience/Knowing what
Lu Th one is thru acceptance/Wish-energy-equilibrium/Analysis of
12/20 oneself w/o judgment/Process of filling vacuum; CHANGE in
Objectivity/Mind to Emotion-1) glands functioning 2) Kerdjan
Q&A and Intel 3) DEVOTION-prayer/Harmony/struggling with weaknesses-
freedom/Work and reacting/Deepening WISH/Wishing for what is
possible

2345 Report on West Coast/Reminding each other/CHRISTMAS-NEW YEAR/
IV/L daylight savings/Comet/Considering value of BARN/ACTIVITIES/
SaSu other RELIGIONS/Participation/OMNI'S/Using question of DYING/
12/22- Health Food Store-Garage
23

2346 Feelings interfering with Work/Retaining WISH for Work/
Lu Th UNBECOMING-meaning, changing oneself/ENERGY going to EMOTIONAL
12/27 CENTER only-not harmonious; importance of body/ Giving 3 CENTERS
Q&A something to do; experimenting/'I'-emphasis of different aspects-
awareness/Attempt and unity of 3 centers/writing of character-
istics of oneself-deepening feelings

2347 NEW YEAR-resolutions/A&E/Development of CONSCIENCE; relationships
IV/L to others/Quiet lunches-Jan/BARN-obstacles, negativity/ New
SaSu people, older people/Caring/Work-'ought to-wishing to eat/
12/29- Relation to God/relation of 3 centers-Conscience, Intellect-God/
30 3 Bodies/Vin, ken, Ernie-Tapes, New People, Tues.

2348 WAKING UP-analogy to physical sleep/not feeling at home-'I'-
Lu Th facts of yourself-state of awe/Making real effort-motivation/
1/3/74 knowing how I am within myself/emotion & intuition/Attempt &
Q&A invasion of thought-what to do/Fear to see/Possibility of
effort -reducing outside energy/Less wish to Work-write up
behavior/ OUGHT & SHOULD/Resistance to growing up-living in
moment/Inner emotional.stability&wish-intensifying, doing nothing,
testing/Intensifying emot.state-energy

2349 ENERGY CRISIS, Daylight Savings-Crisis period/DIFFERENT ASPECTS
IV OF WORK/'I'-CONCEPT OF, aspects of/Kerdjan-CONSCIENCE, sensing/
Sa Selfishness & giving/Trust and inspiration/3 centers-aspects
1/5 of 'I'/knowledge, emotional state-deepening-love; Magnetic
Center and body, sex energy/PARTICIPATION/Humility/Benevolence
of 'I'-within, not visible/Appearance of 'I'/Devotional state-
Soul/A&E - wishing to use/Rhythms, reactions of oneself/
7th year of 1st period-Being

- M 2350
Lu Su
1/13
Difficult week-assurance within/GURDJIEFF-A&E/Negativity-Positivity/GURDJIEFF BIRTHDAY
- M 2351
Lu Th
1/17
Q&A
Responsibility for life-questioning,clarifying/TENDENCIES-seeing,analogy to plant-IDENTIFICATION & IMPARTIALITY-ACCEPTANCE/seeing cause of habit/SIMULTANEITY-freedom/HABIT& punishment-explained/no direct results-knowledge of existence/not observing thoughts & feelings/Sensing-what it does: body-emotions/How to try to see oneself more/Draining -5min-1hr. - Repeating each effort 5 times
- M 2352
IV/L
SaSu
1/19-20
difficult period/Group-negativity/Work-reality & reaction/Energy-taking to essence/Point of Gravity-MIND,HEART,BODY; conscious, conscience,will/Storing facts in Being/Emotions& Awareness-LOVE OF GOD(real motivation)/Simultaneity (ctr.) Sensing-for body/Activities:Px,Bookst,Printg./Firefly
- M 2353
Wed 1/23
Q&A
wish for Work-in daily life/TYPE as hindrance to Work/Realization of existence-observa.,impart.,simul/Seeing thoughts & feelings-why body-AWARENESS defined/Difficult to Work at Barn/attempt-caught in momentum of activity-CHANGING RHYTHM/SACRIFICE-in A&E,2nd Descent-meaning/More WISH-division of energy/Exercise-continuing;changing/Unable to prolong WISH/impartiality in experience/2 approaches to Work/Ideal as aim
- M2354
Lu Th
1/24
HOW DOES ONE CONSIDER ONESELF?Equilibrium/spiritual developmt/religions/point of gravity within/change in self/freedom/inner life/relaxing/Work effort & unity of ctrs./outer change-inner developmt of ctrs & Work-3approaches/inner life & EXPRESSION
- M 2355
IV Sa
1/26
Q&A
Life-harmonious man/Seriousness-10 attempts/Explanation of WORK:'I',wish,awareness,place of 'I',AS IF/'I' FROM AS IF TO REALITY-Objectivity-feeding of IMPRESSIONS OF BODY-form of energy-impartiality,moment/'I',facts & wish/ACCEPTANCE & objectivity/Hanbledzo in/'it' knowing of 'I';period when 'I' no longer needed/
- M 2356
Su Lu
1/27
Theoretical information (re:M2355)/Self-love/Clarity of mind; emotional relationships-caring
- M 2357
II Tu
1/29 NY
NO WISH-Motivation/wrong road;stopping mechanicality/Work-tense ENERGY,what I wish to become/considering WHY grow up?/'virgin field'-place of 'I';experience-gratitude;pay with Work/not becoming sentimental about experience/not doing task- real wish not mental/Separation & control re: Work/GROWTH-going towards, pulling away;possessiveness & identification
- M 2358
Lu Th
1/31
end silent lunches/day Mr. Nyland's father died-contact with person who died, language to communicate/day of devotion, gratitude/Developing attitude of wishing to help/what to do with EMOTIONAL ENERGY-express in devotion,use body-love for mankind-balance/development of INNER STRENGTH/WISH TO GROW-intensifying/explanation of DEATH OF 'I'/deep state of pondering, then negativity-GOD & DEVIL diagram.
- M 2359
Lu Su
2/3/74
day after Mr. Nyland's brother died-speaks of;contact with spirit/REAL COMMUNICATION-higher place/think of;WHAT DO YOU WISH TO DO WHEN I DIE?(will talk next week about this)

M 2360A (excerpted from #36) GURDJIEFF vs. other religions/Sat. reading
Wed 2/6 Views from Real World/LOOSENING, DECRYSTALLIZATION Process -
(Excerpts) seeing more of oneself: loosening of energy-available for
use, 'I' directing energy; acceptance/JOY, GRATITUDE/Solidity,
Barn liquidity- states of

M 2360 ENERGY shortage-difficult conditions; using/Maintenance/
Lu Th Constancy of WISH; calling on source of energy within and
2/7 memory/RESULTS-hope from; Process of Growth-in hands of God/
Barn Feeding FORM-periphery & essence - 'I' and surface, then
deeper; health of body/Patience- what one can do, 1-3-2,
seriousness - 3 bodies

M 2361 What will keep group together when Mr. Nyland is not here?/
IV/L weeding out bad elements/WISH for group/Conscience - 'I';
SaSu guide for oneself (spirits, etc.)/not seeing aim and love
2/9-10 for group (ques.)-search for the CENTER; essential behavior/
'I' and aliveness/Purification & awareness/FEELING, MIND-
exercise re: body/Consciousness & conscience/necessity of
Activity

M 2362 tip to WC/death-no fear/clarity-beginning again in simplicity
Wed 2/13 Results; seeing myself as I am/Task of Sun; maintaining Work
Barn SIMPLICITY; concepts of Work; thinking of Work/ACCEPTANCE re:
thoughts/Analogy of moving to new country, maintaining old
country/A&E sacrificial offerings

M2363 Valentine's Day-GIVING/Answering people-touching life; extract-
Lu Th ing essence/Experience-seeing face; facts; realization of exist-
2/14 tence w/o 'I'/Suffering for an aim-how much friction needed?
Barn not imagining-reality of confrontation/Conscientiousness is
Work-doing/Sun. task-experience of real caring-essentiality/
machinery of economics

M 2364 CONTENTMENT-Work/EQUILIBRIUM; not considering state/Not Working
Lu Th all the time/Inner life and outer-not separated; working in presence of
2/21 others/lack of clarity-what to do/Seeing source of MANIFESTATIONS;
acceptance and change/emotional containment/Initiative to Work & con-
version of energy/Aliveness/Inability to formulate Work/SMALL GROUPS

M2365 considerations of SPIRITUAL LIFE; religious way of looking at self/
IV/L GROUP-impressions; stimulation/TASK: 3 days in next weeks; REVIEWING
SaSu DAYS-energy; 3 CENTERS/Tues. mtg. /seeing oneself TRUTHFULLY/
2/23-4 equilibrium of centers/WISHING FOR PERSON-one person every day-
exercise/trip to West Coast

M2366 SIMPLICITY in attempts/SELF-OBSERVATION, SELF-REMEMBERING -
Seattle mind vs. 'I'/ATTEMPT mind interfering; AWARENESS not attention
or concentration/About VIEWS OF REAL WORLD, A&E, Bible/ knowing
'I' exists by FACT/Memory & 'I'/Humbleness & objective facts/
Results-impurity in beginning; takes a long time; building of
'I'

2367 ATTEMPTS-MIND interfering; 2 methods to diminish ASSOCIATIONS/
 Seattle A&E: ships; difficult periods; SUFFERING/Talking about Gurdjieff
 Wed 2/27 when interested/Motivations for spiritual life; developmt of
 emot., intel. body/Aspiration, Inspiration, Harmonious Man/Aim of
 group

2368 Self-&cosmic consciousness/seeing bondage/Th. group-talking/
 Land THOUGHT development-pondering, meditating, formulaes/6 SQUARES.
 Th 2/28 of development/EMOTIONS & SOUL development/Process of gestation
 of life

2369 series of week/concentrated effort for week/Going against
 Sa 3/2 TENDENCIES-accepting; not describing, changing behavior/(astral-
 Lu/Eve projection)/Kerdjan-aspiration, inspiration, silence/I am/
 Land Soul developing/God-religion

2370
 Su 3/3
 Land

2371
 Mo 3/4
 Land

2372
 Tu 3/5
~~Liver~~ *Liver*
~~Lunch~~ *Lunch*

2373
 Tu 3/5
 Santa Rosa
 Eve

2374
 Wed 3/6
 Berkeley

2375
 Land
 Thurs 3/7

2376
 Santa Fe
 Sat 3/9

2377
Santa Fe
Sun 3/10

2378
Santa Fe
Mon 3/11

2379
Albuquerque
Tues 3/12

2380 FIREFLY-transc./Orange-emphasis on theory;necessity of prattive/
Th 3/14 Explanation of TASK-3 centers;octage/converting IMPRESSIONS/
Barn VICES-consciousness will influence;not fighting directly/
thought & wish in Work-observation & contact with something
higher-sensitivity;being covered up/here I am

2381 (FF cats)Saturday-reading;workday/A&E/Monthly contributions/
SaSu 3/16-17 Appeal of other religions-esoteric knowledge/responsibility
West/Barn for life/Meeting outside conditions w/conscience/GARAGE-
Curt & Richard;FIXIT-Neal/Conscience-listening to/need for
positivity/Bringing up level of Being

2382 trip to Texas/Bringing new people to Barn-policy/Series of 4 NY
Th 3/21 mtgs/A&E:no religion,one God/moment of freedom-how it happens/
Lunch Barn finding AIM-orig.motivat./Hope& actuality/Explan.of TASK-50
people,qualities/inner life as child-food;using in ord.life/
'I'-reminder/SEPARATION OF CENTERS-FUSION/RESULTS/bound to
FEELINGS-what to do

2383 IV/L time change-Barn/GROUP-meetings;small groups,wish for growth/
W/B inner & outer life/POINT IN WORK-exhausting mannerisms;
3/23-4 interest wears down;help of group/PERIOD OF EMPTINESS-FA
SaSu shock; relationships/Parking lot, Amity/rearrangement of
thought

2384 LU PRESENCE & FUNCTIONING OF 'I'-process of growth/ordinary
Th 3/28 life; purposefulness/OPENNESS in body, mind,feelings;
ASPIRATION,INSPIRATION, ENERGY,HONESTY/Kesdjan & Soul/(healing)
lack of AIM/continuing to Work/HONESTY in relat onships/
WISH-finding motivation

2385
Land
Lu/Even.
Sun 3/31

2386
Land
Mon 4/1

2387
Dallas
Tues 4/2

2388 DESCRIPTION & FUNCTIONING OF 'I'/SENSING-belonging to body/IDEAL
Dallas MAN-qualities/Attempts-'I' & facts;impartiality;simultaneity/
Wed 4/3 meaning of SIMULTANEITY/'quality' of results

2389 armagnac-27 idiots/Work-essentiality;growth/6&7 sense organs/
Dallas GURDJIEFF-MUSIC-DeHartmann/MOVEMENTS,MUSIC, THEORY-3 approaches
Thurs 4/4 to Work/What is Work day/deepen WISH-a.m.exercise/Harmonious
man/'I'-function/description/Dreams/feelg/mind-impart./simul/sex

2390 WCoast trip-wedding Harry & Pat/Barn,Ms.-change/INNER & OUTER/en
IV/L LIFE-measure for growth:RELATIONSHIPS-task 10 people-truthfulness;
SaSu 4/6-7 seeing EMOTIONAL ATTITUDES: CHANGING BEHAVIOR/task-accounting
West/Barn at end of day/task-relation to God/Period of Sturm und Drang/
Group-more emphasis on reality;using relationships/Acceptance
of others

2391 1st in series of 4/AIM-knowing why I Work/inner life-method-
IITues 'I'/CONSCIENCE & inner life-relation to/Task: awareness/Work
4/9 NY energy & allowing expression of FEELINGS/Why observe BODY,
(Series- not FEELINGS/Consideration of why one wants to Work/Working-
#1) not thinking about/PRAYER-knowing why one wants to;gratitude/
OPENNESS to life

2392 Lu Change & spiritual equilibrium/WORK CHANGING A PERSON/SACRIFICE
Thur 4/11 temporary/INDIVIDUALITY vs. BEING CHANNEL/Attempts preceded by
a noticing in chest area-deep breathing-PHYSIOLOGICAL CHANGES/
DEEPER RELATIONSHIPS-need training;caring/ Times of DARKNESS;
non-understanding;darkness to light/Task: emphasis of feeling
center/freedom from DIMENSIONALITY through Work/feeling more
significant than others-comparison.

2393 New people-talking to/WHAT IS MEANING OF 'I'? relation to
IV/L Magnetic Center, life, freedom, form/from form to essentiality
4/13-14 to behavior/UPS & DOWNS in Working/Importance of attitude
West/Barn towards aim/finding ESSENTIAL ESSENCE ;3 generations/EASTER/
mind & emotions - overcoming obstacles

2394 II Tendency-hurting people;relating to Work/'I' and collection of
Tues 4/16 FACTS/'I' and acceptance/verification of Work - realization
(#2 in series) of life in form/judging results over period of time/ not
considering experiences too much/Inner life is not objectivity/
'I' and myself-difference/open to experiences;not trying to
repeat

2395 Th Difference between ALERTNESS & AWARENESS & ALIVENESS; reducing
Lu 4/18 aliveness, energy for wish/Work experiences in night-task; to
Work other times/PRAYER & Work/emot. & int. approach-reaching
non-identification/triangle of body, mind, wish-Being/Personal-
ity in way of Work/finding out what I am - observation; then
losing appetite for ordinary life-explained/Observer & object-
sources of/awareness explained/fighting mind with body in Work/
deepening thought patterns -reading,etc./negativity in Work

2396 IV/L PERIOD OF WORKING,NO RESULTS,wish but no Work-explained;
SaSu 4/20-1 creating conditions -FOUR WAYS:triangle;esoteric literature;
place re:mankind,Mother Nature;place in cosmos,God/WISH TO
GIVE/Development of Kesdjan and Soul-octave/Answering tapes-
keeping to principles/Condensations of 4 directions into
I AM NOW/afternoon task:IAM NOW

- 2397 NY Tu 4/23 #3 in Series Motivation -wish for freedom/Direction-considering how energy is spent, etc. /Value of GROUP-aim/Experience of Work-'faintness'-explained/Task-for flexibility to create wish/Difference between ALERT & AWARE-gardening task/Job interfering with Work-finding more opportunities/Yoga & Gurdjieff/(curiosity question)/Conscience -ordinary and objective/Task;shaking hands-overcoming nervousness, &being superficial/Smoking marijuana-Work & drugs
- 2398 Th Lu 4/25 concentrated effort-May, June, July-3mtgs. MWF/Wed-wish, freedom from identification/growth of 'I'functioning in ordinary life/ NO WISH-what to do/PARTICIPATION & EXPERIMENTATION/essential principles-relationships/Aim, inner life, Magnetic Center/Devotion to God
- 2399 IV/L SaSu 4/27-8 W/B Group -spirit/MTGS. WITH REMARKABLE MEN-literature important/observation, awareness, impartiality;participation/Gestation period-Kesdjan, love of God, octave/'I' and unconsciousness /experimentation/Magnetic Center/meditation & objectivity/scripture & literature/Chester-working together, Amity/TASK; join together emotionally; sensitivity to another's presence, not sexual /physical work-all of you /coating
- 2400 II Tu NY 4/30/74 #4 in Series Warwick & NY mtg. changes/mind interfering with attempt-motivation; 2 things to do/Task;Work in AM-trouble getting up/EMPTYNESS in relation to Work;separation of life from form;emotional developmt & mind/GROUP-relation to/what is a TEACHER/Working-realizing necessity of development
- 2401 LU Th 5/2 Q&A turmoil of NATURE, SPRING-inspiration for inner life/MTGS. -level/ finding answer to your QUESTION/meditating on previous attempts / analogy of growth to plant & seed /form of meditating-'patient', 'doctor'/ Simultaneity explained-wish & 'I'/TENDENCIES-accepting, using/ OPENNESS-using VOICE;'I' and energy/tendency to show off-putting in proper place, acceptance/
- 2402 IV/L SaSu 5/4-5 ESOTERIC KNOWLEDGE-finding SOURCE OF LIFE, form not important Work vs. ATTITUDE/not getting lost in EMOTIONAL STATE/Involution & evolution/KESDJAN-seeing beyond all action/NON-IDENTIFICATION-total acceptance/simultaneity/purification of knowledge/philosophy for oneself/Being-level determined by unity of 3 ctrs.;3 bodies/PARTICIPATION-3 CENTERS in fusion;connected with AIM/
- 2403 Lu Th 5/9 Barn Q&A mtgs. -rely on own experience/NEW COUNTRY OF OBJECTIVITY-unity of 3 centers, Being, inner life, aim/AWARENESS to AWAKENING/ FEAR re:unknown/conflict vs. balance in ORDINARY LIFE, WISH/ CONTINUITY IN ATTEMPTS-motivation, constant wish/distinguishing between FEELINGS & INTUITION/TENDENCIES to MANIFESTATIONS, BEING/participation/Inspired by oneself/Affected by world situations/ common sense-learning/things which are not Work directly-root system of inner life
- 2404 IV/L SaSu 5/11-12 W/B Boston-next Mon/talking to NEW PEOPLE-questions/GURDJIEFF as teacher-behavior/how 'I' teaches /participation;purification/Magnetic Center & 'I'/lonely road, God/Division of 'I' /MOTHER'S DAY-activity; passivity/balance within/(Meher Baba)

- 2405 #1
Lu Th 5/16 exercises, -why, attitude, purpose-SENSING/evolution/ACCEPTANCE-
real/DESCRIPTION OF BEGINNING OF DAY-unconscious and 'I'
Magnetic Center & 'I'/Aim/Purpose of life on Earth/*PARTICIPATION
(MR. NYLAND'S MORNING) AWARENESS.
- 2406 IV/L Progress in Work/Gurdjieff/Mtgs-voice, hypocritical/NEW PIECE OF
SaSu 5/18-19 FURNITURE-objectivity;house of subjectivity -one's relation to/
W/B wish to listen to new language/(hysteria)/AMNESS-wish/ 'I' - you
exist, then description/lunch money/reaching depths of Magnetic Cntr.
solidarity of group
- 2407 Mo Creation of objective faculty/Tenacity in Work-being/seeing
5/20 life-observing body/desire for Work & love of God-using
BOSTON in daily life/acceptance -I AM exercise;freedom from
manifestations/how to read A&E/
- 2408 Lu Wish for growth;self-knowledge/'I' & change of oneself/
Th 5/23 participation & experimentation/DESIRES & NON-DESIRES (A+E)
explained/Consciousness & conscience/Going against ten-
dencies & awareness & behavior/Magnetic Center & 'I'/Being&
3 bodies-seeing mind, feelings/God-joy/motivation as/
Exposure to difficulties-energy;controlling
- 2409 IV/L CHANGING & WORK*motivation, reducing unconsciousness/LEVEL
SaSu 5/25-6 OF ONE'S BEING-3 centers/MAGNETIC CENTER & 'I', emotional
body, Soul - analogy to man & wife, adopted children/
5 SENSE ORGANS-impressions/love of God, LOVE-relationships
3-fold-selflessness/Mother Nature, conversion of ENERGY,
sending/GROWTH WITHIN, BROWING UP-omnipresence;depth/
Firefly tapes -3 months intensity /Momentum-quietness
vs. kinetic energy/Body-laziness;activity/Alice Bailey;
studying real source material/law of gravity
- 2410 Lu talking at meetings/TUES-stop in July, Aug./AS IF explained
Th 5/30/74 what, how, why, who, that I am/experimentation/participation/
Barn functions of 'I'/Kesdjan & Soul
- 2411 IV/L 'I' & self-knowledge/Motivation-what you wish to become/
SaSu 6/1-2 rationalizations-timelessness, spacelessness;knowledge
W/B of past lives/omni's/'I' & Mag. Ctr./Kesdjan & Soul-God/
experimentation-intentional suffering/Partkdolg-Duty/
Influence of 'I'- 3 centers/TIME-horizontal, vertical/
questioning method-not results/awakening/task: eliminate
criticism, replace with caring
- 2412 Th Construc. Go. task/using pers onality as food for Work;
Lu 6/6 Barn description-trying to Work;simple conditions/CRITICAL
about Self & Work-'I' as teacher;participation;present
and reviewing past/KITCHEN-BARN RESPONSIBILITIES/Develop-
ment of BODY/strong wish-disappearing/Observation &
Participation/evolution of 'I'/resistance to Work &
remorse-doing/experience of participation-purpose: eval.
expenditure of energy/sine curve & wish to Work
- 2413 6/8-9
IV/L SaSu ----- TRIP/TUES-continuing or not/REACTIONS;ACTING-monotony
W/B of manifestations/Suffering -leads to search for miracle/
Work-include ABC/wish-level of Being/description of
function of 'I'-facts;later compassionate/reason for
Work-freedom;truth/MARRIAGE-Ron & Renie 1) acceptance
2)criticism 3)understanding/essential relationships

2414
Thurs/L
6/13/74
rn

trip/FIREFLY, Activities/PARTICIPATION (concepts not ready for)/ PERIODS OF NOT WORKING- not fanatic; sensitive to right times to Work/ Meetings-talk of Work/ unconscious suffering/ M1500 series-new people/ Beelzebub & Hassein/ Enneagram/ deepening & purifying feelings/ becoming more honest; de-rationalizing; energy/ using thoughts and feelings-going against grain/observing and self-remembering/simplicity of awareness

2415
Sat. Sun
6/15-16/74
W/B

~~Copy~~ PRAYER-HEALING-as group/sensing and draining to purify/ looking at PAST- conscience judging; 'I'- truth of my behavior Giving freely of inner life/ Essential SLEEP-without dreams/ 'I' & Magnetic Center: 3-Body development/ Father and child-~~ren~~-unselfishness, giving/ Difficult to love purely/ Story of Mr. N's father re: church-not interfering with growth of someone/hearing MUSIC in three-fold way/ FATHER'S DAY/ Activities-money/Language of behavior/ FA bridge- selflessness, understanding

M2416
tues. 6/27/74
Cinn.

Wish-mind interfering-capacity to Work/3 Centers in relation to Work in morning-detail-observation, impartiality, simultaneity-three bodies/ Motivation, Kesdjan and Soul/ purpose of moments in relation to development/ Harmonious Man as Aim and creation of an 'I'-facts/ 3 BODIES/ 3 readings of A&E

2417
Wed. 6/19/74
Osceola

2418
Land 6/21/74

2419
L/Chick Coop
Sat. 6/22/74

2420
Sun./L Land
6/23/74

2421
Sun. Even.
Land 6/23/74

(Attendance at Land) BARN & LAND; activities/ LAND- place
for inner life, not negativity/ Tues. meetings-level

2422
Mon. Land
6/24/74

LAND-GROUPS-purpose of; small groups/Purpose of BARN/Story of
Abraham/A-B-C & intuition/Coherence, growth, payment/Waking in
a.m.-'double'-awareness, joy/Hanbledzoin-etheral body/ I AM/
Overcoming negativity;positiv ty/spiritual life

2423
Tues. 6/25/74
Lun/Land

ACTIVITIES- Business discussion at the Land/Conscience-
relation to responsibility in activity/Meaning of not
being commercial

2424
San. Ros.
Tues. 6/25/74

Connecting wish with activity-deepening FEELING/Motivation -
clarity/Decisions-making;foundation/Negative emotions-finding
positivity/AS IF explained; time & space as bondage/
Harmonious man - concept of

2425
Thurs. 6/27/74
L/B

trip/ Ordinary life-acceptance/ Potentialities growing-
periphery to essence/Relationships/ Man #4- Consciousness,
conscience, responsibility/ Analogy of cooking stew-
simmering;common aim of group-temperature and pressure/
TREE ANALOGY and group/Barn-opportunity/ Motivation-
where does it start?/art/3 centers, freedom, God

2426
IV/Coffee
Sa Su 6/29-30
W/B

Law of SEVEN, OCTAVE-progress in Work, in group/ esoteric
knowledge/ Necessity of Choice re: Work or ordinary life/
PERIOD OF DOUBT in group-reasons; people leaving/
RELATIONSHIPS-language of EMOTION/ DEVOTION/ developing
SENSITIVITY/ not being NEGATIVE/ Personality in STATE
OF BALANCE- relation to positive and negative INFLUENCES

2427
L/ Thurs.
7/4/74
B

RECOGNITION -life and form; intuition/ MIND-HEART-5 senses/
EMOTIONAL RELATIONSHIPS/ digesting experiences/ Awareness/
Self-Knowledge/ Controlling Energy/ Purifying inner life

2428 A
Wed 7/10 Barn

TRIP POSTPONED-meaning of trip/WISH-up & down, aim/How to
maintain aim/Work intense,decreases end of week

- 2428 Georgie's birthday/MARRIAGE-new period of life-shock like
IV/L death - loss, remembering/PAST-remembering, less attachment/
SaSu HONESTY-Building of Soul, CONSCIENCE, superconscience,
7/6-7 essential essence/COMMON SENSE-explained, spiritual, 'obyavatel'/COMMON FORM OF BEHAVIOR-learning language of/esoteric knowledge/EMOTIONAL LANGUAGE-expression of: anger, love, hate/
Movements/Maintenance of awareness-inner life/Analogy of airplane - bondage, freedom/(trip)/Physical body-aware of; freedom from.
- (2428A see prior page)
- 2429 AIM-purpose for one's life/Overcoming animalistic drive-
Lu Th ENERGY-2 purposes/Work in am. vs. pm.-mornings/WISH & MAGNETIC
7/11 CENTER-strength; "constant unflagging instinctive need.."/
HEART-seeing double function-phys, Kesdj.; openness, not effort/
EMOTIONAL experimentation-mind interfering, body-using both/
MEMORY-reviving 'taste' of Work; allowing Work to penetrate/
Aspiration-inspiration-aim/right time to Work/balance-explained
'double' life - one parallel to ordinary
- 2430 WATERGATE-economy-cosmic phenomena/ACTIVITIES-expenditure of
IV/L TIME/TAPE ANSWERING, SMALL GROUPS-Mr. Nyland attending (also
SaSu out-of-towners)/finding truth/Language of BEHAVIOR FORMS/
7/13-14 foundation of self-knowledge/Aliveness, negativity/Bakery-
West Coast/SOLITUDINUS-reflecting INFLUENCES-SENSITIVITY to/
study of one's type
- 2431 Meeting-bring inner life/3body Diagram, Enneagram-spiral,
Lu Th purification process/Recognition of life, essentiality/
7/18 talking about Work-real wish, small groups/Finding out
about oneself= effort/Emotional language-tint of feelings;
emotions pure/A. Bailey: 5 lower instincts-accept/WORK:
Knowledge as result/doubting knowledge of self/'I' observes
body, not life/(Act-fact)/PRAYER-Way of a Pilgrim/Inner
life - energy
- #2
- (2nd out) 2432 SMALL GROUPS purpose, Mr. N. visiting/3 mo. period/DESCRIPTION
IV/L OF MR. NYLAND'S MORNING-AWARENESS not enough; deepening emot.
SaSu state/Pondering/Spending ENERGY/LEVEL OF BEING & AWARENESS/
W/B unrolling film/Religion & Science/Truth-many types-FIRE-
7/20-1 warmth, heat, destruction/Light
- 2433 Impeachment-seeing people as humanity/WISH-task: reading A&F;
Lu Th really seeing oneself/Seeing people as human beings/lost in
7/25 thought-usebody/ENERGY for activity vs. for Work/feeling-
sensing exercise-perspective/Consciousness & unconsciousness-
weighing; inner life (Libra)
- 2434 Work: on, with, without ourselves/Creation of 'I' -real Work: 'I'
IV/L functioning, giving information/continuous observation/
SaSu UNROLLING FILM: pondering, seeing behavior and MOTIVATION /
7/27-8 What happens when we die? Life; form; death (Edwige) 40 days
George Prevost
- 2435 Work-something within/Sensitivity-allowing wish to awaken/
Th Lu Impressions - 5 sense organs; other 2/MIND-knowledge; uncon-
8/1 scious, subjective facts/Printing plant analogy/CONSCIOUS-
NESS & UNCONSCIOUSNESS-parallel lines/OBJECTIVE FACT/
scientists, laboratory/Books: James, Ogden, de Chardin/
Work-solution, not discussing problems/Difficulty of inter-
pretation, formulation-Lentropamsania/Unrolling film: self-
knowledge/'I, simple man, I walk'-G. (friend)

M 2436
Music
8/3
(Hosp.)

hospital-attitude/WORK-same in attempts; results different
in personality/Deeper levels;higher energies-using/
Meeting-meaning; finding something within

M2437
Lunch
Thurs.
8/15/74
Barn

OBSTACLES, Karma, ACCEPTANCE/ EXPERIENCE as teacher/
Birth of wish, 'I'/ establishment of 2 Chardavoyne corporations/
self-knowledge, OBSERVATION/ acceptance, impartiality, simul./
death-obj. and subj. time/ concept of a moment/ Kesdjan, Soul/
when in despair/ wish becoming 'I'/ meetings/ meaning & aim of Barn

M2438
IV
Sa 8/17

Period of questioning/Meetings-recording/DYING TO ONESELF-
acceptance, freedom from past/MEDITATION-finding holy place
within;WORK in daily life/Holy place and SOUL;HOLY ENERGY-
2 forms of;conversion (leitanchanbros)/Born with Soul? po-
tential/esoteric knowledge/FEELINGS-increasing;help from
other 2 centers;expressing-people, plants, nature/'V' -
division of energy/A&E-electricity chaptr.-static and
dynamic;friction/Sine curve-evening ups and downs/observe
states in body;monotony in attempts

M2439
Lu 8/22/74

Contributions/obligation to use facts collected by 'I'/
Work in daily life/Personality-Individ.-Karma/Small groups/
MESOTERIC-ESOTERIC-EXO/Expenditure of time,energy/Testing
permanency of wish/aim of Work-continued existence of 'I'/
Impact of Moment on ordinary life/Working at simple times/
TASK:walking for 1/2hr. saying:I have to Work

M2440
IV Sat 8/24

Understanding from DOING/Acceptance,using body/Mental con-
fusion/Deepening WISH-memory/'I'-only judge of becoming
behavior;honesty;Consciousness & conscience/deepening
FEELING to emot.state,use of VOICE/Emotions as tool for Work/
enthusiasm,aim for freedom;letting energy come out freely/
(Cons.Lab.Int.Sufgr.)/Experimentation/Wish covered up

M2441
Lu Th 8/29

Q+A

→(People as 1-2-3)
Development of INTELLECT. CENTER,&relation to emotions/
Purifying mind & feelings-presence/'Deliverance' from one-
self/what to do with strong EMOTIONAL ENERGY/understanding
A&E from own experience/&openness/finding out when can Work/
change of efforts thru experience/SIMULTANEITY,after impar-
tiality

M2442 IV
Sa 8/31

seeing subjectivity against objectivity/Motivation of
thought & feeling/Personality-seeing more;awake-no descrip./
EMOT. APPROACH-prayer;impartiality/Draining;experience as
teacher/No my will..reduce myself,presence of something
higher;prayer/Being in 'middle'-positive tow. future, 1,3,2/
Confusion-talking,walking;'I' offsets/Intense Work,then none
-simple conditions;wish/Center & periphery-connection/
Awareness;talking w/others-FA period;permanency/missing will-
being clear about what one can do,not do/positivity re:
efforts

M2443 Lu
Sun 9/1

talk of Gurdjieff-Ashram/GURDJIEFF-3 APPROACHES, advantages
re: other methods

- 2444 Emphasis of Discipline; certain subjects /Trust within Family, Necessity of Family/Relationship of Teacher/Child in learning, Discipline/School Importance of discipline/How disagreement among parents affects child/Selection of Teachers/Enthusiasm
- 2445 MOTIVATION/Necessity of Asking questions/Presence & 'I'-relationship of 'I' and 'it'/'I'-objective faculty-& the 5 personalities referred to Barn in A&E/Kesdjan & Soul/Acceptance-several questions about/Possibility of Q&A becoming aware of thoughts/'I' as telescope on behavior-bringing it into sharp focus
- 2446 Bennett/Movements/EMOTIONS-heart;language of expression; Sa 9/7 Magnetic Center/Ques.& answers/Measuring level of being/Mind-IV difference betw.word &principle/Conscience/MI-FA & SOL/Sensitivity in emotional state/'Bank' analogy/'coating'oneself wish of 3 centers/Devoting day to certain role/seeing behavior
- 2447 Seeing self as actor;task:choosing way to behave/Necessity of Su 9/8 experimenting/school boy story/Live with aim-3 centers Lu Barn
- 2448 II MWF meetings-necessity of explaining Work/MOTIVATION-aim/Thu Barn Seeing inner life/AIM:1st motiva,outside;2nd inside/9/12 GROUPS-helping each other/Work is sacred/'I' is within, not outside/Emotional presence & inner life;benevolence of 'I'/Esoteric knowledge-objectivity
- 2449 Work;necessity of practice/Death-40 days;spiritual qualities/IV/Lu ages 27-35;30-40;35-42/EMOTIONAL PERIOD-crossing FA/9/14-15 embellishing mind;Seth;Rimpoche;Krishnamurti/time is short/study behavior(karate)/MOVEMENTS-3 CENTERS; eliminating TIME;ACCEPTANCE/2400 series/Discrimination/3 questions (today, God, tomorrow)/placing Work in ordinary life/results of inner life/conscience & level of Being.
- 2450 RELIGION-religious feeling/Continuation of group-incorporation-II Th community/'I'-feeding,helping growth;Facts-of body, mind, & 9/19 feelings/Task:become acquainted with thoughts/Joining God
- 2451 Kindergarten/Crafts/Small groups at FFH(trip to coast)/Saturday IV/L Explanation of Corporation/GROUP-relationships, caring, essent. SaSu FIRE-emotion,energy/Self-study/Light-point of recognition/9/21-22 Birthdays;Marriage/Soul language-love
- 2452 Knowing if attempts are right-FACTs;bondage/INTENSITY-varies in Tu III Work & ord. life/Awareness-MOTIVATION-experience vs. knowledge/Santa SELF-RELIANCE-adventure of discovery/Intuition;realization of Rosa life/Absolute facts/Esotericism 9/24
- 2453 Lu Land 9/25
- 2454 Groups-talking of Work/RESULTS-knowledge of self/Motivation for Berk. Work/Communicating about Work to others, sharing/Intensity drop-9/25 energy from ordinary life

2455 Th. group activities/Incorporation-Warwick/Evolution-Involut.ø
Th 9/26 TENDENCY-fear criticism/LOSS OF ENTHUSIASM-total energy,
Land stimulation/LIMITATIONS-openness,changing reaction/Dissatis-
faction with mechanicality of people-using/simplicity of
attempts.

2456 Meetings/Diagrams-FA; 'I' and real wish/TASK: behavior/
Fri 9/27 CHIEF FEATURE- using/Attempt-mind interferes.
Land

2457
Sa LuEve
9/28
Land

2458
Sa 9/28
Land
Eve cont.

2459 Octave-Man#1-7/maintenance of group/SELF-STUDY/Analogy of
Su 9/29 boarding house-oneself with many tenants-awareness/Maintain-
LuEve ing awareness-trial & error-aim/'description'-life free from
Land form/Acquiring will/conflict in wish-being more ESSENTIAL

2460
SuMo
9/29-30
Eve/Eve
Land

2461
Mon 9/30
Land
Eve cont.

2462
Wed 10/2 sm grp

2463 Trip/Small groups/Corporation/Formulation of questions-
Th II efforts/Digestion/Objective information-behavior/Partkdolg-
Barn Duty/Pure energy-morning/Experiences-obligation/Becoming/
10/3 Feelings-language-sensing

2464
Fri 10/4 sm grp

2465 workdays:SaSu/small groups-preparation/Work becoming part
Sa 10/5 of one/BEHAVIOR FORMS-observing impartially, simultan.
IV West. CHANGING;TENDENCIES*'I' benevolence/'I' functioning emotion-
ally;GOING WITHIN-Magnetic Center;source/ACCEPTANCE of what
one is/learning EMOTIONAL LANGUAGE

2466
Mo 10/7 sm grp

2467
Tu 10/8 sm grp

2468
Wed 10/9 sm grp

2469 Small groups-Firefly/Handling REACTIONS/doing something
Th II consciously-intention/TASK: what is Work for me?/wish and
Barn creation of 'I'/cycles of Work-necessity of continuation/
10/10 ART-quote from Real World:Objective art & self-expression/
Task: be opposite of what you are/awareness

2470
Fri 10/11 sm grp

2471 Warwick-Fair/small groups/Bondage-character traits/deeper
Sa 10/12 emotions/HOW CAN I WORK BETTER? factors involved:state,
IV West results,etc./awareness-'I'seeing life, not form/'I' -know-
ledge/exper. of grace-aspiration/cannot always Work/int. &
emot.appr./time&space-free from form/God-given experiences.

2472 3 Approaches to Work/Movements-music/Fri.mtg.on Tues./
Su 10/13 Striving to ideal/Cooperation & giving
lu Barn

2473
Mo 10/14 sm grp

2474
Wed 10/16 sm grp

2475 Small groups-3,5,7/trust/New person-explain impartial &
Th II objective/Nucleus of women/Activities-testing/Life &
Barn 10/17 analogy to cambrium ring;responsibility for life/'Dry'
period/Alertness;emot. & int. approaches-becoming one/
fighting UNBECOMING TENDENCIES-acceptance,impartiality/
Difficulty in Work/hard to Work in NYC-weighting value

2476
Fri 10/18 sm grp

2477 DEEPENING & INTENSIFYING EFFORTS;3-body diagram-2 trian/
10/19-20 Unconsciousness & consciousness-freedom;black sheep/
Sa IV Emotional state - love of God; division of energy/Demanding
Su LU from 'I'; 'I' and ordinary life/ Working and not considering
quality; common aim-freedom/Giving and taking/small groups/
CORRESPONDENCE-re:answering letters-how to

2478 10/21
Mon sm grp

2479
Wed 10/23 sm grp

2480
Fri 10/25 sm grp

2481 MR. NYLAND'S BIRTHDAY-84/BARN CORPORATION/Relationship in
Sa IV 10/26 GROUP-trust/Activities-purpose/ 'I' & 'it'-information;
West. exchange between people/Sleep, daydream, black sheep/
RELATIONSHIPS-behavior, real communication;octave MI-FA/
developing conscience;expressing inner life, going within/
esoteric knowledge

2482 Mr. Nyland's birthday/SMALL GROUPS-communication-
10/27 Su SENSITIVITY/Experience as teacher/creation of an atmosphere/
Barn Lu

2483
10/29 Tu sm grp

2484
10/30 Wed sm grp

2485 New people Wed. mtg. & tape listening/Overfeeding 'I'/
II Fri Language of inner life-deepening oneself/root of oneself/
Barn Giving-asking questions/helping each other spiritually/
11/1 WISH-RESULTS-fluctuate-explained; earth conditions/observation
vs. state of being/Meaning of ESSENCE; being essential

2486
Sa IV SATURDAYS-no lunch, ^{Bakery} open day/movements/ABC-not wanting aliveness
11/2 but knowledge/results not objective-ATTACHMENT TO SELF/
West. experience of life-emotional state; want LIFE/clarity about
Work/Birthday task: essential behavior/essentiality/'I'- not
contingent on expression/concept-objective to body expression/
impartiality/16 yr.old & Work/criticalness

2487 * Use of PHYSICAL WORK for Work/ENERGY OF PLACE, KINETIC ENERGY/
Lu Su Development of SOLIDITY, BALANCE/MEDITATION-about/Gyroscope -
11/3 GOING WITHIN; inner life and outer life ENERGY
Barn

2488
11/4 Mon Smgrp

2489 SEMINAR #1 INTRODUCTORY BACKGROUND TO WORK: consciousness,
Wed 11/6 conscience, 'I', wish, method.

2490 MEETINGS-talking/IMPARTIAL OBSERVATION/ Working in
II CONDUCIVE CONDITIONS/EFFORT/TENDENCIES-emphasis on INNER
Th 11/7 LIFE, essential characteristics; inside to outside/no
Q&A description/ 'As if' - 'I' functioning IMPARTIAL-presence
to me; then change/constancy of wish/DEVOTION-not enough;
objectivity/

2491 WEEKLY PROGRESS REPORT-behavior/SERIOUSNESS-joyful re:Work/
IV/L flexibility-adapting/'hot or cold'/Saturday-free day/Judging-
SaSu back of forehead; front/Inner life expression/Solving problems
11/9-10 by Work first/Impressions/Moving emotionally; using emotional
states for life within/Objective realm/Art-real creation/Voice
as reminder/Omnipresence/BEHAVIOR-weaving atmosphere, TENDENCIES
within one/Scylla & Charybdis-attractive forces, using, becoming
objective to/Life

2492 #2
Wed Seminar
11/13
Barn

2493 II WHERE DOES INNER LIFE BEGIN?/Essential essence; quintessence-
Th 11/14 surface, periphery/Life existing, moving/WISH FOR DEVELOPMENT/
Barn CHANGES from Work-no measure; behavior/MEETINGS-real study of
ideas/FAMILY-SCHOOL-Woodshop, Bakery, Garage- GIVING/GOING
WITHIN /Karma/WISH to Work vs. 'ought' to -esoteric fund of
knowledge/Magnetic Center(mouth)/atom-essence/blindness/Friday
as day of austerity/Correct Observation

M2494 MOVEMENTS-no secrecy;esotericism/Atom-positivity, negativity/Creating 'I'
SaSu help from God/MagneticCenter/Octave-MI, FA, SOL LA SI, SI DO-wish for
11/16-17 freedom from bondage/Aim-stimulus to Work/preparation for death/Emanation
W/B & Radiation/NEW PEOPLE-responsibility for/contributions-monthly/
IV/L PURIFICATION OF group/A&E:Ashiata Shiemash

M2495 Background:education, religion, interests-lists of books/Expectations from
Seminar#3 Work/Story of one's life-self-study/Why interest in Consciousness? /Alive-
Wed 11/20 ness;motivations for Work/'I'-beginning to function;awareness;facts/Thoughts
Barn interfere with attempts-increasing wish;energy/DRAINING-how to/confused-
clarity in Working;openness/Work parallel to personality/Task:waitress-talk
about Work-clarity/inner & outer life not separate/Simplicity in conditions

M2496

Small Group # 16 FFH Wed 11/20/74

M2497 Misunderstanding of perspectives/Group-responsibilities/Inner & outer life-
II Barn more essentiality/ Impressions-within;manifestations/Information about my-
Th 11/21 self -awareness, fact, memory/Energy of place;kinetic energy-explained/
Impartiality-pondering meaning of;aliveness to concepts/'I' as mediator,
relation to objectivity;aim/Inner & outer -equilibrium;requirements; being
more essential (Karma)/Objective view of form;life existing/Positive Absolute-benevolence

M2498 THANKSGIVING-gratitude/(Eyesight-Mr. Nyland)/Consideration of past and
IV/L W/B future;attempts/Principles of Work; extracting from meetings/Moderators-
SaSu 11/23-clarifying ques. on Thurs/Constancy of effort/Influences-in inner life/MIND
24/74 & FEELING-physical in relation; mind-clarity;Kesdjan-benevolence;PINEAL
GLAND-opening; 2-sidedness of man/December-discipline; responsibility

M2499 Barn

Seminar#4

Wed 11/27

M2500 2500's-meetings;moderator/3 BODY DIAGRAM-Air, impressions (analogy to
IV/L baby)/Man #1-4;questioning attitude/evolution/Difficulties-overcoming, not
SaSu 11/30-resenting/importance of IMPARTIALITY/aliveness-life/December-disci-
12/1 W/B pline/information of behavior/CRAFTS-cooperation/relations with others

M2501 WISH FOR CHANGE;MOTIVATION-truth, wish, acceptance, 'I'/'I'awake, 'it'
Barn asleep/INFLUENCES-parents, astrological, sociological, ess. essence/meaning
Wed 12/4 of little 'I'/no wish, no Work/language of Work/3-Body Diagram/Result of
Seminar#5 awareness-information of self/unconsciousness/wish as motivation, as
attempt-INTENSITY/Aliveness-3 centers;triangle/Difficulty imagining 'I'-
spiritual entity/SIMPLICITY-a.m., during day-level/I am;I have a body;
draining/Knowledge(object.) & understandg. / Religious feelings& Work;'I' &
Christ/

M2502 Sat-reading/changes-MEETINGS-Wed(large), Tues/Correct observation/
Barn time & space/SELF-KNOWLEDGE/'I'-life, awareness, 3 centers-FEEDING
Thurs W. IMPRESSIONS/SELF-CALMING-explained/Purity of efforts & impressions
12/5/74 Nature, Great Nature/'I'-influence on ord. life/Awareness-result/excitement
from Work, interfering-simplicity/Emotion & presence/Awareness-no descri-
ption/Giving energy;not connecting with others/Tues-talk Gurdjieff.

- Work: definitions/Task-selections from AeE-3rdpart FF; 2nd/Why Mother Nature wants us asleep-Earth, body; laws; evolution of oneself; of Earth/
- M2503 #6 Seminar Payment for existence/Sun. workday-resistance; wish; motivat./Judging efforts by opposition; friction-energy/Influence of 'I' & growth of KESDJAN/level of one's day-task-work 3x in a.m./facts & centers
- Wed 12/11
- M2504 II No breakfast-Bakery/WED. MTG.-ans. ques. AS/IF; talking from experience/SEPARATION-'I' & 'it'/Work affecting 3 centers/
- Th 12/12 (J. Fred) TALKING OF WORK-touching person within/TASK for week: effort 1x a day, reporting on Wed./Obligation to use experiences re: Work/Using EMOT. STATE for Work-prayer/Inner & outer life helping each other/Extra ENERGY re: Aliveness, Awareness/ 'I'-affecting mind, heart, body; love of life
- M2505 IV/L BENNETT-died; followers of/Extracting; DIGESTING process-balance/what happens to beg. of KESDJAN, Soul/Responsibility for life-more freedom from form/Requirements of Earth & spiritual aim/Relationships - neutralizer/Conscience and consciousness-simultaneous learning/decrystallizing body-Will; solar plexus-heart-conscience/Sensitivity/Application-acceptance; reality/Discipline-outer and inner/ MARRIAGE * J. Oaher+Irene
- M2506 #7 Seminar essence/Aware-closing eyes; living in moment/Observation process-awareens. registra.; noticing/Energy from attempt-not glorifying; facts/Obj. faculty becoming 'I'/3 ctrs. attempt; emot. ctr./motiva-positive/Mind interfering w. Work-wish/opening door to inner chamber/Touched by ideas (Krishnamurti) AeE-law of 7-foldness; octave/Wish after mtg. during day/Not analyz. Work
- Wed 12/18
- M2507 WED MTG: comments/Results of Work - Impressions/Seminar meetings/
- Th II A & E-3 series/JAN-discipline/Detachment/SHOULD have Worked vs. 12/19 should in future/Essentiality & Objectivity-Tues Mtg.-new people/ Barn INNER & OUTER LIFE-relation; mind and heart/productivity-receptivity/ EXPRESSION OF INNER LIFE-using body/Making place for 'I'/Registration of aliveness, not body/Detachment & freedom-BODY, letting go; balance of 3 centers
- M2508 time of GURDJIEFF-differences, AeE, Orage; dilution of ideas/DECEMBER-discipline; JAN-cooperation/MEETINGS-purpose/HABITS OF GROUP; spirituality in behavior/EARTH| KUNDABUFFER; MAN # 1-4/MAN # 4-search for reality; octave/Hope & belief/Realization of AIM at MI/'I' and responsibility, wish/Awareness/Christmas/Caring/Phyllis & Bill-marriage
- IV/L 12/21-22
- M2509 II COOPERATION-Neal & Donna (house)/HELPING each other/CHRISTMAS-Jesus, Th 12/26 'I'/Conditions of Earth-body, destruction-period of GESTATION/peace & balance/Influences-inner life/Common aim-method of Work/GURDJIEFF-aims/ DETACHMENT/Group-tree, common trunk, branches; roots/MTGS-touching inner life, concern, sharing/Esoteric knowledge-serious attitude tow. Work/ Spirituality; selfishness-body (talking)/Habits, characteristics of oneself/MEMORY-essential quality; BALANCE in/ENERGY-head, heart
- 2510 IV/L Gifts/GROUP-INNER & OUTER LIFE (time allotted each)/ACTIVITIES- SaSu 12/28-29 2-fold purpose; inner life, working together-earning money/HELPING EACH OTHER/SAT. Sun- attitude, responsibility/Movements-more classes, Music, Firefly, transcripts, index, Bookstore/WORK & PROFESSION, ordinary life

*****end 1974

- 2511 II Group cooperation/SENSITIVITY-points of; reminder of life; develop. Th 1/2/75 of KESDJAN, difficult conditions/sensitivity-relation to INNER & OUTER LIFE/energy of place, motion/Motivation and sensitivity/ UNITY-Work/right and wrong/body and emotional energy/Openness and 3rd force/Unity and raw materials/Participation/Patience in beginning Work/Task-renewing wish/Motivation to Work-spiritual & material aim

- M2512 CHANGES-measuring one's progress, desire to find out more,
IV Sa relationships/Inner life-IMPARTIALITY-mind and feeling and aim;
1/4/75 hastening process - how/lack of EMOTION; DEVELOPING EMOT. BODY-
Q & A feelings, sensitivity, caring/DEATH-re: Work, 40 days, helping
person/SENSING-not Work; introducing Objectiv., impartiality/
Danger of Emotional approach; TASK, as if beginning Work/Observa-
tion-relation to 3 centers; possessing God/Seeing manifestations
impartially/Non-identification and impartiality
- M2513 LAWS 3,7,9 /ENNEAGRAM/Period of disappointment in Work- aim
Lu Su
1/5/75
- M2514
Wed
1/8/75
#8Seminar
- M2515 period of austerity/dues-attitude/small groups-changing/unity in
Th feeling, mind, body/Meetings-no criticism; good Wed.mtg./KNOWLEDGE
1/9/75 ABOUT ONESELF**-digesting, from outside world, reactions to; being
II open/ORDINARY KNOWLEDGE; OBJECTIVE KNOWLEDGE, weighing, judging/
MAGNETIC CENTER-'I' -AWARENESS, sense organs/INTUITION, DEPTH OF
MIND/ONENESS/NON-IDENTIFICATION, Participation, Love of God/Wish-
ing to continue to Work, BEING PRESENT TO OBSTACLES/Holy Ghost
- M2516 MOTIVATION-from within, balance, flexibility/DISCIPLINING FEELINGS-
IV Sa balance/AWARENESS-sitting, slowing down/WISH-MIND; sub-centers/
1/11/75 MOTIVATION-Man #4, desire of life/WORK as endless-seeing body,
Westt. then feelings, mind/HOPE-NEGATIVITY; master of fate; facing
conditions/'I' as GUIDE-benevolence, participation
- M2517 GURDJIEFF'S BIRTHDAY -A & E, seeking source, preparation for
Lunch death, value of/ cooperation - aim
Sun 1/12/75
GURDJIEFF
- M2518 MOVEMENTS FILM-energy, motion, force; awareness/WED MTG-purifying
II Th 1/16 concepts/Reaching SIMPLICITY-ways to/INCREASING WISH/FACT of
Barn EXISTENCE vs. personality/Need for PERSPECTIVE-always aiming high/
PARTICIPATION-meaning of; striving for, even if unattainable now/FRICTION
in RELATIONSHIPS-has to be reasonable/Subjective negative; objective-
positive/heart, solar plexus-Work/knowing what is RIGHT-AIM/open to
MUSIC/Darkness and light
- M2519 Activities: Bakery, Bookstore/Parking-church/MEETINGS-Boston, NY/
IVSA 1/18 small groups/Importance of WISH(reactions)/SPIRITUAL DEVELOPMENT/
Westtown Opinion, PREJUDICE, FACTS; task-talking/TRUTH-relative; relating to one's
life/RESPONSIBILITY in ordinary life, Work/MAINTAINING 'I' - prayer;
simplicity/AWARENESS & DEVOTION/Bondage in BODY-changing habits;
living in moment/'I'- seeing me when simple
- M2520 DAY AS OCTAVE-seeing how one was; could be/ENERGY-BALANCE-
Lu Su 1/19 3 centers; spiritual qualities/Harmonious man

- 2521 Culture-BEING NATURAL/Fear of Talking-mtgs./MOTHER NATURE;
II Th INNER LIFE/ACQUIRED CHARACTERISTICS-not changing;impartial-
1/23 ity/Work at moment/Magnetic Center/connecting METHOD & AIM/
Barn Aliveness within-impartiality;wish & 'I'/Not philosophizing
about Work
- 2522 MOVEMENTS-atmosphere in group;music/SPIRITUAL LIVING-voice;
IV/L Kesdjan;materiality/right road-trial & error;aim,honesty,
SaSu sincerity,love of God;Laws 3,4,7, tetrahedron/Chemistry;
1/25-6 Table of Elements-carbon/Belief-truth/Woodworking shop/
FIREFLY part III
- #1 2523 PRAYER-innerlife;wish/'I' observing life/ Method of 'I'
Boston observing body/Work & emotional life-wish;honesty/Using VOICE/
1/27 Intensifying WISH - seeing necessity of Work in one's life
Mon
- #2 2524 Impressions-CHANGING;digesting;accepting/Negative tow.ordinary
Boston life; Work-being disturbed/'I' seeing 'it'-no description/
1/28 Marriage & Work(one not in Work)/Not critical of attempts;
Tues immediacy of observation/
- #3 2525 Knowing what 'I' observes/I AM*breathing/Results not clear-
Boston beginning:curiosity;stronger WISH/SUSTAINING 'I'-more than
1/29 aliveness/Mind interfering/Ord. life(job)& Work/Mind coming in;
Wed strong wish/MOVEMENTS-not primary/new person-talking to others/
Beelzebub's Descents-inner life/VOICE-reminder/Upset/Honesty
-
- 2526 Boston/WED MTG.-knowing when aware;acceptance-continued/
II Th 'I' AS FRIEND-benevolence,impartial;judging/Ecstasy- don't live
1/30 in such emot. states/Not being angel, but Man/Objectivity &
Barn love and affection/Emotional state & emotional state without
bondage;compassion(w/impartiality)/presence of God-'Ready
to go'-cela m'est egal/Working simply;spiritual influence/
A&E:section on WAR-giving Mother Nature requirements/Distributing
energy;observing totality of oneself/Distributing energy -
sex energy-mind,emotions;body;equilibrium/Living under influence
of Work
- 2527 Difficult conditions & Work-intensity of wish & energy;gratitude,
IV Sa Not Working-putting obstacle in way;task:being present to inner
2/1 life/chosed; spiritual pride-'I' functioning/Totally reacting-
West. not time to Work;simple conditions/Wish-runs down;different
situations/CONNECTING ATTEMPTS/Realization of sleep;wish for
truth/CONCENTRATION & wish to Work emphasis on 'I'/Results-
CHANGES in state of being,in personality;Kesdjan & Soul/
Religious feeling;not losing oneself in emotions/Asking questions
about Work - complacency;wish for aliveness/Work-physical
activity
- 2528 School-coming on time/Discipline;cooperation;flexibility/West
Lu Su coast/Woodworking;crafts/Firewood/solving problems
2/2
Barn
- 2529 1st in series of 3/MOTIVATION-questioning/'I'-OBJECTIVE FACTS,
Open bondage/ACCEPTANCE-total/Acquiring SELF-KNOWLEDGE,creating 'I'/
Mon 2/3 Work in AM;Working simply/Involution-Anulios/Controlling
Index ENERGY-in ordinary life 1st;'I'controlling/No experience of
waking up - walking;impartiality/Experience of life being
transparent-life & form

- NY 2530 2nd in Series of 3/ Presence-emotional; 'I'-mental; impartiality
Open & simultaneity; facts/MOTIVATION-bondage, freedom/Why OBJECTIVITY?
Tues freedom from body; creating 'I'-qualities/Work-simple conditions/
2/4 Work in simplicity/Effort-from within; emotion/Real LOVE-God,
caring/Concept of Death-A&E/Attempt to be aware
- NY 2531 3rd in Series of 3/PRAYER-3 centers/Future & Present/ State
Open of anger- 'I'/Critical of attempts/ Observation & Life/
Wed Reasonable in expectations of Work/3-centered Work/Meaning
2/5 of words in A&E
- 2532 BARN-appearance/Contemporary culture-morals, money/Quality of:
II Th 'I'-emanation, radiation, electricity/Solidity of GROUP, strength/
2/6 Aquarius-period of/Need for sensitivity/Not being despairing/
Barn Love of mankind, God/explaining ideal to parents.
- 2533 West Coast/Workday-Sun./Spending energy; point of gravity-task/
IV/L Need for WISH-dependent on outside/Continuation of 'I'-WISH
SaSu needed/LANGUAGE OF WORK-words, no words, exactness/TUES- change:
2/8-9 2 moderators/Gurdjieff and A&E/Oragean Version/Clarity in
PRINCIPLES/Sensitivity; living by intuition/Work-speaking
with others; essential expression/Voice & awareness-openness/
Determination-doing things with all of you/Finishing periods
in one's life
- 2534 Other Gurdjieff groups/Activities-not commercial/ Valentine's
Th 2/13 Day-giving/A&E-impartial criticism/'I'-emotional, impart-
Land iality/Magnetic Center
- 2535 MEETINGS-speaking at, group/Negativity/Observation, simultaneity
Fri Inner & outer life/Developing feelings-caring/ Energy - from
2/14 Land state, for 'I'/ LAND- level at/Unselfishness
- 2536 Heim baby/Economic situation-Earth/Bennett-Kesdjan body/Unselfish-
Lu/Eve ness/Awareness - aims: ord. vs. spiritual/Unity - still
Sat 2/15 unconscious/Equilibrium - and impartiality/Movements -
Land teaching, learning/'I' in all conditions, continuous efforts
- 2537 ENERGY for Work; conversion/Meetings - comments; group/
Lu/Eve RELATIONSHIPS-openness/ 'I' seeing oneself, freedom/ Kesdjan
2/16
Land
- 2538 New people & meetings/Right road-solidity/Obstacles to Work-
Mon 2/17 WISH/Essence-motivation for Work/Emotional relationship to
Land Work/Conducive Conditions
- 2539 GENERAL - ON ACTIVITIES AT THE LAND
Lu Tu
2/17
- 2540 prolonged attempts-fear/Laziness- ordinary life; freedom; bobbin-
Tu 2/18 kandelnots/series of awarenesses - aim for day/Results -
Santa Rosa facts/Difficulty in Work-determination/'I'- wish to find
out; something telling me how to be/About joining group

2541
Wed 2/19
Berkeley

2542 Meetings; School/Work difficult-patience/Development of Kesdjan/
Th 2/20 Thoughts interfering -draining/Gratitude for good day
Land

2543

2544

2545

2546

2547 trip;MEETINGS-Tues,Wed/Talking of principles/'I'-esoteric knowledge,
II Th Christianity/Love/A&E, Firefly/Teaching/Magnetic Center, 'I', emot-
2/27 ional states/Suffering, acceptance of myself/Body-form, life, spirit/
Barn Relationships/ Religions- feelings, God/Peace within/Gurdjieff/
self-knowledge/Work-changing/speaking at meeting

2548 Office, Bakery-changes/MEETINGS- Tues, Wed/'I',God helping-effort/
IV/L Application/fact of existence/ABC & PRESENCE- impartiality/ A&E/
Sa u exact language - clear results/Essentiality & peripheral reactions/
3/1-2 Kesdjan- FA;gestation-suffering,etc./Magnetism/Aim/Going deeper
within/Talk of inner life/Concept of unity/ life-form/reliability,
cooperation, criticism/Inner life-softening quality-voice/ 52 week
task-5 sense organs

2549 Purpose of Wed & th./TUES-unity/RESULTS-'I',life,form-changing re-
II Barn lation/ Intensity of wish & functioning of 'I'/ABC vs. emotional
3/6 approach-'I' spiritual,image of God, wish to become Holy/Benevolence/
'I'- emotional and intellectual/Movements;music/Awareness-MOMENT-
not in time/Use of 5 sense organs(Sun)-sensitivity of instrument/
Death-losing body;objective world/Wish to grow up

2550 Information sheet for NEWCOMERS/Weekly accounting of Self/BALANCE
IV/L OF INNER AND OUTER LIFE/ Physical, spiritual relationship/Energy-
SaSu source of, food/TASK: of silence/TASK: Spontaneity/ Life-dying/
3/8-9 Leaving Barn/ (trip)

2551 TUES & WED - level of meeting; where person is living/'I' -
II Th interest in body; you as you are/Magnetic Center - imprisoned/
3/13 Talk from experience/Caring, communicating -solidarity/'I' being
there when you remember/Movements/Atonement for unconsciousness/
level of being, of group/aliveness/(cancer-condition of)/not
speaking of perspectives to new people/'I'-not feelings or body,
that I am; forms of behavior/Wish for fusion with God; knowledge
changing to understanding/Mind changing, feeling expanding;
becoming a channel/'I'-not interested in component parts ;
dissolving 'coatings' of oneself

2552 Earth-preparation for spiritual existence after death/Concepts
IV/L of reincarnation, recurrence/QUESTIONING MEANING OF ONE'S EXISTENCE
SaSu biological, astrological, sociological influences-type, upbringing
3/15-16 Being affected by conditions- different for different people/
QUESTIONS which cannot be solved/Equilibrium re: unsolved quest.;
more sensitivity, insights/Aliveness-using to investigate/
Why Death, sin, destruction; reason for wishing to continue to
live/Application in daily life for understanding/Death of Matter
and life within/Concepts of God or higher nature-attitude towards
oneself/Awakening-asleep; life existing in different forms/
Healers/Activities in group-harmonious development, monotony/
Self-study - honesty/Wish for spiritual knowledge/SMALL GROUPS-
honesty; acceptance/Absolute emotionalism -effacing oneself in
Relationships/BIRTHDAYS-past, extracting

2553 Movements film- San Fran/GROUPS I, II, III, IV-distinctions in
II Th relation to development of oneself/Life-form/TUES-CHANGE to Barn,
cont. of seminars/WED-RESULTS, that, how, what you are/Common
3/20 language of Work; language of esotericism/Talk of motivations/
TRUTH of oneself from 'I'-totality/Evolution, self-knowledge/
Necessity of seeing oneself truthfully

2554 A&E: St. Venoma-Hariton-4 ways/RELATIONSHIPS-aim of meeting in
IV/L infinity;MAN-WOMAN, person alone;EQUILIBRIUM for self/3 centers/
SaSu 'I'- long process;DEVELOPMENT OF to include participation; that,
3/22-23 what, how, why I am, relation between man and 'I', unity within/
CHANGE under influence of 'I' guiding me/TUES-perspectives/
THURS-discussions/Birthdays -(M. Near, N. Steiger)

2555 BARN CHANGES-5:30 mtg. discontinued; SaSu-free days/MAINTENANCE
I Th OF GROUP- Mr. Nyland's attitude, expectations/TUES, WED, THURS-
3/27 principles of Work/LANGUAGE- conviction/Attempts- not questioning
Barn Using energy/paradoxes in esotericism/essence-where does it
start?/'I'-becomes part of person/'I'-how, what of person, life
in 3 ctrs, being level/Thought-enemy/Necessity for 'I'/'I' &
state of anxiety

2556 (Ford-tax bill)/EASTER-Quiet Saturday: freedom from bondage/
IV/L RESPONSIBILITY OF GROUP/Why Gurdjieff? Method -catalyst/
SaSu 3/29- Conduct taught by society-wrong emphasis/SPIRITUALITY - what
30 is it; emotional life/Changing conditions-waking up; reason
for Barn, group/Periods of not being satisfied-wish for free-
dom; On Human Bondage/Renewing attitude to Work-SHAKING UP
PERIOD, applying objectivity in life; using BODY; BALANCED
CONDITIONS/Equilibrium in 3 centers, reconnecting/Body-
sensing; mind- awareness; feelings-emotions/Sunday - physical
labor/A&E - extracting from it/TASTE-HUNGER-sensitivity, wish
for more; creating in other people-talking convincingly about
Work/FOOD - feeding body; analogy to spiritual life; meditation
Wish to see TRUTH of myself/BALANCE-Work, ordinary life in begin
Common sense/BODY-caring for, making well(Wisdom of Body-Cannon)

- 2557
I Th
4/3/75
Barn
Esotericism-Thurs/DUES-paying/Maintenance of group/TUES-WED-THURS/Talking convincingly about Work-from heart/ideal man-knowing mechanicality; changing form/Wed-not progressing/enthusiasm-gusto(story of)/joy in Work/intellectualizing too much- Orage/Wed- talk of results/Struggle - friction; and obstacle to further growth, attachment/Aim & struggle
- 2558
IV/L
SaSu
4/5-6/75
Weekend preparation-4people/Thurs-meetg.Foundation/DEVELOPMENT & FUNCTIONING OF 'I': 2500 series, 'I' when small;when mature-FACTS ABOUT ONESELF-develops concern for oneself -'I' becoming more emotional -wish to help/'I' & mind - awareness/ONESELF MATURING with GROWTH OF 'I'/Road from solar plexus to heart & mind/'I' - trip to ESSENTIAL QUALITIES/necessity of CONSTANT WISH to be open to 'I'/ Personality to individuality/ 'I' - link between essential essence and MAGNETIC CENTER-becoming conscientious-setting life free/Fundamental change -DEVOTION TO WORK-permanency of 'I'/Real love of 'I'-going from within to outside/'I', Kerdjan & Soul - octave/Freedom in bondage/ Real KNOWLEDGE of oneself/3omni's/Growth of group(fragrance)/translucency;transparency/Aspiration-inspiration-silence/ changing form from inner life/climbing mountain/Civil revolution Warwick -outside world/RESPONSIBILITY - for conditions, for maintenance of group, Work
- 2559
IV
Sa 4/12
West.
TUES.WED/PUBLICATION OF THIRD SERIES-Gurdjieff/ KNOWLEDGE & UNDERSTANDING/Harmonious Man-SONSCIENCE, CONSCIOUSNESS, WILL/ PONDERING-CONSCIENCE/exact language/emotional center & thought/ Necessity of application/Conscience and Facts - values, behavior/ Aim - becoming Soul/ Effort - step up/CHANGES-man wishes to; becoming individuality/Essentiality-Magnetic Center/Aliveness & Awareness/ Climbing mountain - panorama of life
- 2560
Lunch
Sun
4/13
Overcoming OBSTACLES-development of inner life/Awakening-seeing straight;responsibility/EMOTIONAL LIFE-importance of developing/ CONSCIENCE and emotional state/'ENEMY SMALL GROUPS'-TaskI with disagreeable person/Aries- birthdays (Harvey, Jim H., Arlene)
- 2561
I Barn
Thur
4/17
TUES-purpose;outline;MOTIVATION, READING, WHY GURDJIEFF?/TUES-WED-THURS-combination; not teaching;grammar; explanations/ 'enemy small groups'/language/consciousness & conscience/Aim for permanency; period of questioning/Will as doing/Work & ordinary life not mixed/Acceptance of what I am/Joy & Work 3 centers - 'I'-will.
- 2562
IV
Sat 4/19
West.
Q&A
Behavior^{ok}music:no smoking,chatting/Attention to inner life/ (Orage-'operating table')/Criticism from another; lack of conviction - how to place, conscience/SUPERFICIAL-noticing in oneself,correcting/Consideration how to be vs. opinions of others/Too much thought and feeling - when to Work/Seriousness-seeing oneself & Work/Acceptance & change/Trying to be aware/ QUESTIONS & ANSWERS VS. LECTURE- difference/What is WILL
- 2563
Lu Sun
4/20
DEVELOPMENT OF WILL re: CONSCIENCE AND CONSCIOUSNESS/ (birth of Amo baby)/losing subjectivity, finding central point of life; point of non-dimensionality

2564
I Th
4/23
Barn
WED-good;tasks-body as servant/DESCRIPTION OF TOOLS-application;
purpose - 'I': 'as if' to 'as is';TUES-knowing tools to use/
'Should' Work- refers to past/Collecting myself-unconscious;
self,Self;emphasis on inner life/Relaxation - draining/WISH-
for maintaining effort -suggestions for;GOING WITHIN ONESELF-
talking to God within when lose wish;not dependent on outside/
ATTITUDES-money,education,etc. oneself & others;relying on
oneself;trying to understand attitude as mechanicality

2565
IV/L
SaSu
4/26-
27
W/B
TUES-WED-THURS-unfied/INTELLECTUAL APPROACH explained-'I' & body
EMOTIONAL APPROACH-myself in presence,behavior;'I' & 'it'-
approaches combining;spiritualized parts/SPIRITUAL ENTITY - 'I'-
dying, space,time,laws/CHANGING EMPHASIS IN WORK- sometimes 'I',
sometimes 'it'/5 senses - 6th,7th senses: impartiality, simultan.
Planets-emotional qualities;unity-love for all things,God/Enemy
groups-emphasis on aim/INDULGING STATES OF NEGATIVITY;hurt, etc.
not wasting energy on,changing oneself;80%,20%-esoteric knowledge
belonging to unconsciousness(suffering);considering what is
necessary to pay unconsciousness/Eliminating darkness;reaching
inner essential quality/Looking into horizon/Striving towards
CONSCIOUSNESS/West coast/Seeing unconscious traits/Birthdays-
not being sentimental about past;9yr.periods

2566
I TH
5/1/75
Barn
GROUP-esoteric knowledge;maintaining/TUE·WED·THU/WHAT IS AN 'I'-
new thought/IMPARTIAL CRITICISM-explained/WANTING AN 'I'/
CONTINUED OBSERVATION/OBSERVING FEELINGS; MIND-draining(sensing),
EMOTIONAL LANGUAGE- sensitivity/MIND-forgetfulness/ concepts/
KESDJAN,SOUL/exploring inner life/(Ship Karnak,Ship Occasion)/
God/small groups / 90%

2567
IV/L
SaSu
5/3-4
W/B
SELF-KNOWLEDGE & CHANGING BEHAVIOR-body relaxed, mind conscious,
feeling intuitive/GROUP-necessity of change/About ORGANIZATIONS-
esoteric knowledge/IMPARTIALITY-CRITICISM/Economics- wrong values
money/Giving in relationships-sharing,caring,unselfishness/
Bakery, Woodworking/Animosity groups-reacting/TOTAL ACCEPTANCE-
Kesdjan and 'I'/Need for patience in growth/Awareness - no reac-
tion/FACTS-existence, of behavior/Responsibility for life energy/
Selecting different forms of behavior/Maintaining awakened state/
ENERGY for aim, not 3 centers/Loosening from unconscious influence
KESDJAN-silence,sensitivity

2568
III
Tu 5/6
Barn
What one has been motivation for Tues/2 dangers:prejudice, being
fanatic/Difference between FEELING & EMOTION/BELIEF IN GOD-term;
attitude/ EXPRESSION OF FEELING-voice, posture, eyes;flexibility;
heart-sensitivity/NO DRUGS/EXPRESSION of oneself in ordinary life-
subjectivity as foundation for objectivity;profession-art,etc.,
identification/Extracting from reading A&E-capacity,digestion/
'I'-not familiar experience/Attention;experience of surrounding-
oneself as object for observation/Being open,difficult

2569
TH I
5/8
Barn
TUES-WED:inattentive;too much talk of ordinary life;Work another
level/Energy for maintenance & 'I'; inner & outer are not mixed/
FACT-of manifestations & 'I' & states-facts of/Man seeing SLEEP,
BEHAVIOR-reactions-FIGHTING vices/(translucency;transparency)/
Creating 'I'/Knowing oneself-letting go;state of observation/
Response from others at mtg-not being dependent/Observation of
Feeling/Seeing how one is/Talking in meeting-fear;what to do/
Resentment in doing things-what to do/Inspired by museum-identified
Change-seeing & accepting/HOW TO CHANGE-what is becoming, being
awake/Non-identification & Work-enlarging experience

- M2570
IV/L
SaSu
5/10-11
TUES modera./Work in ordinary life/CHANGE of ONESELF-truth as basis;choice;flexibility,adaptation; use of Will/Conscious Labor & intentional suffering explaine./World-Creation-meaning; Involution & evolution/GROUP- reminders-RELATIONSHIPS**-creating conditions, exchange of energy;matching energy;giving-taking; reacting;state of peace within;Emotion.& Intellectual level; openness in, etc./Mechanicality-'tool' of person(behavior); tool of ordinary life, of objectivity/Helping others- energy; aim; capacity/GROUP-quality,individuality/Using body/Mother's Day
Selecting ideas from meetings; digesting;being quiet at mtgs
- M2571
I Th
Barn
5/15
TOWN BOARD-ACTIVITIES- Village:4 groups/Firefly/TUES,WED-talk in public/spiritual values-further development/CHANGES-'I' existing and; NON-IDENTIFICATION, IMPARTIALITY/thoughts & feelings eliminated/CONTINUATION OF EXISTENCE OF 'I'/Experience of awareness-knowing 'I' there/what is 'I'?/Suffering & Work-simple conditions/Experience of mechanicality;extracting from experience/Open to others-not Work/Fearful in Work attempts/Feeling - attempt to see one's
- M2572
Sa IV
5/17
Q & A
INNER & OUTER LIFE- 'I'-3 centers/impressions, Being, feeling/Work in SIMPLE CONDITIONS-stopping activity;break habits/PARTICIPATION-going from surface to essence,& back;impurity of 'I' in beg./ASPIRATION-sensitivity; inspiration/Work-3 foods:
1) ordinary 2)air 3) impressions -extracting from;breathing deeply/(mars-state of puff)-MOTIVATION for Work;not being wishy-washy/EMOTIONAL QUALITY in Work-God, prayerful attitude, unselfishness/Philadelphia group/Task -1 week:do everything as well as you can 2) austerity 3) considering others/SIMPLICITY, ALIVENESS
- M2573
Su 5/18
Lunch
Barn
WED-understanding each other/SEEING ONESELF re:OTHERS, experimenting/Angry state, critical -seeing as ENERGY; using(reactions to others)/'I'- inner life-equilibrium/Stopping, waiting before speaking, etc./Image of Gurdjieff
- M2574
I Th
5/22
Barn
Tu,Wed,Thur-Advantages to Gurdjieff;dexterity of Work; gestation period-the ideas/Permanency; experience as teacher/sincerity missing/Realization of being asleep-immediate observation/Deepening & continuing AWARENESS-spirituality/Self-knowledge;TASK-not think of Work 1 week/Going toward center-seeing qualities of oneself-zig-zag road; constant development of openness (Chief Feature)/Determination to do something;being alive/Pressure; discipline;lazy attitude; interest in ordinary life:Work
- M2575
IV sa
5/24
Q&A
lunar eclipse/Guesthouse/Father's Day/Gurdjieff-3 centers/Emphasis now on WISH-Kesdjan;then Soul-not physical/'I' & correspondence within-Magnetic Ctr.,bondage,Terror of Situation-aspiration; patience/Total ACCEPTANCE-impartiality, solidity/Using EMOT. STATE for Work/Testing WISH/Deepening FEELINGS/Spreading out intense desire for Work-constancy/A&E:bobbinkandelnosts- 3 ctrs. energy,fusion,being/extending FLASHES-head, heart,hands; I am, I have a body/Directing extra energy/Sensing & wish-no relation; 'I' and facts/FACTS from Intuition/Flash-not dependent on conditions/Observing Mind
- M2576
Lu Su 5/25
Barn
Father's Day-MOVEMENTS FILM/NEGATIVE INFLUENCES-learning how they affect us;POSITIVITY; devils-permitting good influences/Sensing & draining - learning; I am

- M2577 Crafts-meeting/Father's Day/Bookstore;Bakery-supporting/TUES-
I Th tools;moments-creation/Creating 'I' in imagination-impressions
5/29 giving it life(energy), facts/Emotional method-impartiality/
Q&A Attitude of superiority-'I',anger;seeing oneself, acceptance/
Being open with people-use of body/Growth of EMOTIONS- free of
body;concept of God; 'I'-head,heart/Work & pride
- M2578 Barn-work at/Discipline- need for/GURDJIEFF-EST: gradual change;
IV Sa impatience;knowledge/Fighting in state of unconsciousness;
5/31 acceptance & freedom/REACTIONS-using energy;draining;discipline-
West. re:energy/Repeating a task-extracting/Not predetermining search-
Q&A finding God- going within;essentiality/Animal- suffering, caring
feelings/Enjoyable state-linking with Work
- M2579 Emanation-Radiation/Being good to 'it'-enjoyment/State of
Lu Su equilibrium/Unconsciousness - crystallized
6/1
Barn
- M2580 (No Th.mtg;Mr.N.-Tues)/TUESDAY-motivation, enthusiasm/Sensing
I Th & Draining- purpose;equilibrium(Heart-balance)& 3 centers/
6/5 Becoming behavior- state of harmony; 'I' and objective viewpoint,
Barn & changing oneself/Observation of body-long time/Book: The Long
Walk-suffering; not losing courage/Learn to know each other
- M2581 relationships:to God,family, mankind/concentration of physical
IV Sa behavior in beginng./EMPTINESS & EMOTIONAL DEVELOPMENT**,mono-
6/7 tony/Period of activity/Going further within-inner development/
West GIVING-KESDJAN/Period of feeling to deeper emotion/3rd period-
Q&A Soul/Preparation for death/RELATIONSHIPS/Quality of awareness/
Conscience & wish for growth/Simplicity-observing body/Unusual
experience - ordinary/Observing feeling/EMOTION-blocked up:
caring, children,inner life;emotional stimulus/Work in difficult
conditions/Unsolved questions - emotions, devotion
- M2582 Experimentation-meaning/Intentional suffering/SMALL GROUPS-
Su Lu change when stale/Self-protection/All-around development;
Barn flexibility/Silence - present to you
6/8
- M2583 (Thrift Shop)/Movements film-group only/IMPARTIALITY-no feeling/
Barn OBSERVATION-no thought,or feeling in 'I';unconscious same as
III usual/(Devotion)/Objectivity-self-knowledge/'I' walking,not when
6/10 sitting-trying to become aware sitting,going within/Going inside
Tues difficult-try walking/Preparing soil-self-knowledge,creating
conditions for wish/What to do with objective knowledge/Day of
Austerity-task;motivation/Conflict re: Barn and friends with
common aim-evaluating
- M2584-2 FATHER'S DAY/Work-predominating factor/TUES -WED-stopped/THURS-
Barn talk of experiences/Value of GROUP/SMALL GROUPS-emphasis/
Lunch EMOTIONAL ATTITUDE-deepening/GURDJIEFF-exchange -spiritual
Sun pursuit/Talking of inner life/Considerations of other interests/
6/15 Acceptance - by 'I'/Becoming a man

- M2585 THURS MTG. -new form/Realization of bondage, setting free Magnetic Center, objectivity, existence of 'I', harmonious man/Personality to Individuality/Serious attitude/Small groups-new people;lunches - talk of Work/'I' existing as you manifest/Acceptance as I am/2 parts - body, emotion, not 'I' - 'I' as God; no wish for change; 'I' and inner life/ 'I' life in form and self-knowledge;'I' affecting me/Acceptance and Facts-from 'I'; continuation of 'I'/ Observing physical behavior/Awareness & Fear/Extending Work
- M2586 SPIRITUAL LIFE-questions about unseen, life, death, etc./Involution & Evolution/God, what is AIM for oneself/WISH TO LIVE/Giving & taking/ Magnetic Center- setting free/Small groups-honesty/As if-as I AM-breathing/Joan & Ken- MARRIAGE, birthdays/Task: Okidanokh/(Cars in parking lot)
- M2587 Moderators meeting-asking oneself questions/Behavior and extending 'I'/Noise as reminder/Knowing when Work-is possible/ Getting out of 'Prison'/Indulging in accumulation of energy-wrong/I am exercise;starting day with Work/Becoming behavior-acceptance(detachment)/Acceptance-change in Work/Questioning one's Work/Not being dependent on exercises.
- M2588 Special meetings/Thurs-exchange/Karma-eating/Deciding if Gurdjieff is for you/Wish & Magnetic Center/Emotional State & ABC-not putting into words(butterfly analogy)/Wish in a.m. & ordinary life aim-Reaching what is within/Finding out what one is;what Work is/Being-effort defined/ Losing past-growth not dependent on/Disbelief in religion-narrowness
- M2589 BIRTHDAYS-Ernie, Richard, Cynthia/SERIOUSNESS-OVER-SERIOUSNESS & JOY/Barn Doors/Talismans/Work in ordinary life
- M2590 (Article in paper)/Lecture talks/HEAVINESS-how to counteract; acceptance;synthesis/PRESENCE-gift;reminder/EMOTIONAL APPROACH-relation to consciousness/DEVELOPMENT OF MENTAL-EMOTIONAL-how much to each?/New job-not Work;self-knowledge/SELF-CRITICISM & acceptance of reactions/ Disliking unconsciousness
- M2591 Georgie's birthday/Money given-attitude/Activities-objective & subjective world/Gurdjieff ideas-let penetrate;not philosophy/Wish for freedom/Gurdjieff-suffering, family-importance of/ Motivation-changed to wish;acceptance/Patience-knowing one's capabilities/Wish & Work/Living by moment/Yielding; interest in one's life;using time
- M2592 FRICTION/Crystallized reactions/Helping people in silence
- M2593 THIRD SERIES/Maintaining Work/Activities-reports/Contributions/ Law of 3 & 7 - reactions, inner life/Lecture-talks/New results/ knowing intention/Deepening & intensity re:form/Seeing patterns -astrological; not going against-spirituality/Search-knowing if from right place/Rigidity/Ups & downs in Work-controlling/ Intensity - lessening;acceptance/Work from within/FLEXIBILITY-in 3 centers;REACTING/Person leaving group-affected by Work; have they changed?

- M2594
IV
Sa 7/12
West.
(Q&A)
Spiritual & ordinary life; hunger & emptiness/Acceptance-
Zidnotrago-expending energy/Creating 'I'-fact; impartiality/
Wish & energy-deepening attempt/Going after aim/Experience of
'I' in movements-extracting thru awareness/FEELING & EMOTION-
difference/Quenching thirst - openness, hope/'I'-can be
immediate; overfed-listening to tapes; engaging 3 centers/
Acceptance
- M2595
Lu Su
7/13
Barn
M2595A 1/3 Conversation with Edna White on Crafts (at FFH)
M2596
I Th
7/17
Barn
OK planning board & Village/BEING-spirituality; simultaneity/
Feeling-Emotion/Mind-awareness; insight & intuition/WISH TO
LIVE/AMNESS- reality of oneself/3rd Series - Purgatory:
meaning/EXPERIMENTATION/PARTICIPATION/permanent knowledge/
(EST)/inner strength; honesty/sensitivity to life
- M2597
IV/L
SaSu
7/19-20
W/B
MUSIC-language of/Talking of Work-Thurs. meeting establishing
level/Language of centers/ Gurdjieff- not only way; giving it
a chance/Level of Being/Work in beginning - subjective/
Personality, wish, difficult conditions/Necessity of sacrifice
I have a body-mantra/Aspiration-outside; inspiration and wish
inside, reality/Moon as behavior, Anulios-3rd dimension/
forces of moving and opposition/fighting for inner life
- M2598
I Thu
7/24
Barn
Bennett tape/Value of Work-Lecture-talks/THURS-STOP/Accent
on spiritual life; principles; group-diluted; activities/
Using traits for Work/Sensing - feeling center/Continuation
of 'I' -habitual movements as reminder/Continuing Work -
doing unusual things/Using mind to purify oneself-idealism/
State of balance vs. information about self/Resistance re:
Work - as if free
- M2599
IV/L
SaSu
7/26-7
W/B
Language, principles/Spiritual world-life within & death of
body; ideas of spirituality/Things non-material: thoughts,
caring/Energy-existing without a form/Expectation of knowing
more - solutions to questions/Agnosticism/Relations between
people - different exchanges/Not avoiding friction/Not
criticizing meetings/ I amness/Talking too much & emotional
attitude/LECTURE-TALKS - 4 weeks
- M2600
IV/L
SaSu
8/2-3
W/B
Cooperation-kitchen, nursery/men&women/day & night of person-
ality/Awareness - not thought/5 meetings-parents: attitude/
observation/fire within (Story of Antonio)/contributing to
group/Helping wish grow - dissatisfaction/ideas of Gurdjieff/
New conditions-exposure to
- 2601
IV/L
SaSu
8/9-10
Concentrated effort-August/Questions: life after, death,
spirituality, evolution, life without form/Movements/ Esoteric
knowledge/Death-communic. with spirit/Orage-Gurdjieff/(Tibet)
Energy-ordinary, inner life
- 2602
IV/L
SaSu
8/16-17
W/B
Meetings-Sept/Work-definite experience; persistence/presence
of God/Self-knowledge/oneself & child/awareness/relation of
'I' and 'it'/inner world-Magnetic Center/Going within/
Adapting to conditions-flexibility/Using word 'it'

M2603 Sept-3 meetings a week/Considering MOTIVATION for Work, what a
 Sat 8/23 person is, wants/Being free from Earth/Mind-interfering with
 IV West. Work/No wish-not forcing Work/Acceptance - no feelings, no though
 Impressions - food for 'I'/impartiality, benevolence

M2604 Influence of group on Earth/Balance within; sensitivity/freedom-
 Lu death
 Su 8/24
 Barn

M2605 LEGACY of group- maintenance, finances, tapes/Task:monthly contri-
 IV/L bution/Firefly-3rd part/Group-after Mr. Nyland dies/Starting
 SaSu NEW LIFE-birth of 'I', preparing empty space;description of-
 8/30-31 insight,etc./Sensitivity-relating to growth;relating to conscience
 W/B Sharing-part of new life/Opening of LIBRARY/Shifting from uncon-
 sciousness to consciousness

M2606 GROUP- propagation of ideas; sharing; principles/Purpose of life/ Freedom
 IV/L from Body - Death/ What is totality of Work?/ A & E: nations, races,
 SaSu types/ knowing oneself/ Preparing for meeting/Concept of freedom,
 9/6-7 participation; experimentation/ Crafts- beauty/ School - attitude/
 W/B Permanency - octave/Sensitivity - receiving impressions.

Hospital Last Cassette - from Doctor's Hospital
 9/25/75